US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jan 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:38	4.3	4:02	3.5	10:15	0.2	10:15	0.0	7:17	4:41	
2	Mon	4:33	4.6	4:59	3.7	11:06	-0.2	11:06	-0.2	7:17	4:42	
3	Tue	5:24	4.9	5:49	4.0	11:56	-0.5	11:57	-0.4	7:17	4:43	
4	Wed	6:12	5.2	6:38	4.2			12:46	-0.8	7:17	4:44	
5	Thu	6:59	5.3	7:27	4.4	12:50	-0.6	1:36	-1.0	7:17	4:45	
6	Fri	7:48	5.4	8:18	4.5	1:42	-0.8	2:23	-1.1	7:17	4:46	
7	Sat	8:39	5.3	9:11	4.6	2:33	-0.8	3:09	-1.1	7:17	4:46	
8	Sun	9:32	5.0	10:07	4.6	3:23	-0.7	3:55	-1.0	7:17	4:47	
9	Mon	10:28	4.7	11:05	4.5	4:16	-0.5	4:44	-0.8	7:17	4:48	
10	Tue	11:25	4.4			5:14	-0.2	5:38	-0.6	7:17	4:49	
11	Wed	12:02	4.5	12:22	4.1	6:19	0.0	6:37	-0.3	7:16	4:50	
12	Thu	12:57	4.4	1:19	3.9	7:29	0.1	7:39	-0.2	7:16	4:52	
13	Fri	1:54	4.3	2:18	3.7	8:35	0.1	8:40	-0.1	7:16	4:53	
14	Sat	2:53	4.3	3:21	3.6	9:36	0.1	9:36	-0.1	7:16	4:54	
15	Sun	3:54	4.3	4:23	3.6	10:29	-0.1	10:27	-0.1	7:15	4:55	
16	Mon	4:49	4.4	5:16	3.7	11:19	-0.2	11:15	-0.1	7:15	4:56	
17	Tue	5:37	4.5	6:03	3.8			12:05	-0.3	7:14	4:57	
18	Wed	6:19	4.5	6:46	3.9	12:02	-0.2	12:49	-0.4	7:14	4:58	
19	Thu	6:59	4.5	7:27	4.0	12:46	-0.2	1:30	-0.4	7:13	4:59	
20	Fri	7:37	4.4	8:07	4.0	1:29	-0.2	2:08	-0.4	7:13	5:00	
21	Sat	8:14	4.3	8:46	3.9	2:09	-0.2	2:43	-0.4	7:12	5:02	
22	Sun	8:50	4.1	9:25	3.8	2:47	-0.1	3:16	-0.3	7:12	5:03	
23	Mon	9:26	3.9	10:05	3.8	3:23	0.1	3:47	-0.1	7:11	5:04	
24	Tue	10:02	3.7	10:45	3.7	3:59	0.2	4:18	0.0	7:10	5:05	
25	Wed	10:43	3.5	11:27	3.7	4:38	0.4	4:50	0.2	7:10	5:06	
26	Thu	11:28	3.4			5:24	0.6	5:30	0.3	7:09	5:07	
27	Fri	12:10	3.7	12:18	3.2	6:26	0.6	6:27	0.4	7:08	5:09	
28	Sat	12:58	3.8	1:13	3.2	7:38	0.6	7:37	0.4	7:07	5:10	
29	Sun	1:53	3.9	2:17	3.2	8:45	0.4	8:46	0.2	7:06	5:11	
30	Mon	2:57	4.1	3:27	3.4	9:45	0.1	9:47	0.0	7:05	5:12	
31	Tue	4:02	4.4	4:32	3.7	10:40	-0.3	10:44	-0.3	7:05	5:13	