US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**9:20**	4.4	**9:27**	5.0	**3:21**	0.0	**3:19**	0.4	5:31	8:28	
2	Mon	**10:05**	4.4	**10:09**	4.7	**4:00**	0.0	**4:01**	0.5	5:32	8:28	
3	Tue	**10:51**	4.3	**10:52**	4.5	**4:37**	0.2	**4:41**	0.7	5:32	8:28	
4	Wed	**11:38**	4.3	**11:36**	4.3	**5:13**	0.4	**5:22**	0.9	5:33	8:28	
5	Thu			**12:23**	4.3	**5:50**	0.5	**6:07**	1.1	5:34	8:27	
6	Fri	**12:21**	4.1	**1:07**	4.3	**6:30**	0.7	**7:01**	1.2	5:34	8:27	
7	Sat	**1:05**	3.9	**1:49**	4.3	**7:16**	0.8	**8:02**	1.3	5:35	8:27	
8	Sun	**1:50**	3.8	**2:33**	4.3	**8:09**	0.9	**9:04**	1.2	5:36	8:26	
9	Mon	**2:40**	3.7	**3:21**	4.4	**9:04**	0.9	**10:02**	1.0	5:36	8:26	
10	Tue	**3:36**	3.7	**4:15**	4.6	**9:59**	0.8	**10:55**	0.8	5:37	8:26	
11	Wed	**4:39**	3.7	**5:10**	4.8	**10:51**	0.7	**11:45**	0.5	5:38	8:25	
12	Thu	**5:37**	3.9	**6:01**	5.1	**11:42**	0.5			5:38	8:25	
13	Fri	**6:29**	4.2	**6:49**	5.4	**12:35**	0.2	**12:33**	0.3	5:39	8:24	
14	Sat	**7:17**	4.4	**7:35**	5.6	**1:24**	-0.1	**1:25**	0.1	5:40	8:24	
15	Sun	**8:05**	4.7	**8:22**	5.7	**2:13**	-0.3	**2:17**	0.0	5:41	8:23	
16	Mon	**8:54**	4.8	**9:11**	5.6	**3:00**	-0.5	**3:09**	-0.1	5:41	8:22	
17	Tue	**9:45**	5.0	**10:02**	5.5	**3:45**	-0.6	**3:59**	-0.1	5:42	8:22	
18	Wed	**10:39**	5.1	**10:57**	5.3	**4:30**	-0.6	**4:50**	0.0	5:43	8:21	
19	Thu	**11:35**	5.1	**11:54**	5.0	**5:16**	-0.5	**5:45**	0.2	5:44	8:20	
20	Fri			**12:32**	5.1	**6:06**	-0.3	**6:46**	0.4	5:45	8:20	
21	Sat	**12:51**	4.7	**1:27**	5.1	**7:02**	0.0	**7:54**	0.6	5:46	8:19	
22	Sun	**1:48**	4.5	**2:22**	5.1	**8:03**	0.2	**9:02**	0.6	5:46	8:18	
23	Mon	**2:46**	4.3	**3:20**	5.0	**9:05**	0.3	**10:05**	0.5	5:47	8:17	
24	Tue	**3:47**	4.1	**4:20**	5.0	**10:04**	0.4	**11:02**	0.4	5:48	8:16	
25	Wed	**4:51**	4.1	**5:20**	5.0	**10:59**	0.4	**11:54**	0.3	5:49	8:16	
26	Thu	**5:50**	4.2	**6:12**	5.1	**11:51**	0.4			5:50	8:15	
27	Fri	**6:41**	4.4	**6:58**	5.1	**12:43**	0.2	**12:40**	0.4	5:51	8:14	
28	Sat	**7:27**	4.5	**7:41**	5.1	**1:29**	0.1	**1:27**	0.4	5:52	8:13	
29	Sun	**8:10**	4.5	**8:20**	5.0	**2:12**	0.1	**2:12**	0.4	5:53	8:12	
30	Mon	**8:52**	4.6	**8:59**	4.9	**2:52**	0.1	**2:55**	0.4	5:54	8:11	
31	Tue	**9:33**	4.5	**9:37**	4.7	**3:29**	0.1	**3:35**	0.5	5:54	8:10	