

Seaside Heights, NJ - Mar 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:27	4.3	2:01	3.7	8:13	0.1	8:21	0.2	6:27	5:48	
2	Sat	2:30	4.1	3:06	3.7	9:16	0.1	9:22	0.1	6:26	5:49	
3	Sun	3:34	4.1	4:08	3.8	10:10	-0.1	10:17	0.0	6:24	5:50	
4	Mon	4:33	4.2	5:02	4.0	10:59	-0.2	11:07	-0.1	6:23	5:51	
5	Tue	5:23	4.3	5:48	4.2	11:43	-0.3	11:53	-0.2	6:21	5:52	
6	Wed	6:06	4.4	6:29	4.4			12:25	-0.3	6:20	5:53	
7	Thu	6:45	4.4	7:08	4.5	12:37	-0.3	1:05	-0.4	6:18	5:55	
8	Fri	7:22	4.4	7:45	4.5	1:19	-0.3	1:42	-0.3	6:17	5:56	
9	Sat	7:59	4.3	8:22	4.4	1:59	-0.3	2:17	-0.3	6:15	5:57	
10	Sun	9:35	4.1	9:57	4.3	3:36	-0.2	3:49	-0.1	7:14	6:58	
11	Mon	10:11	3.9	10:33	4.2	4:12	-0.1	4:20	0.0	7:12	6:59	
12	Tue	10:49	3.7	11:10	4.0	4:47	0.1	4:50	0.2	7:10	7:00	
13	Wed	11:30	3.5	11:52	3.9	5:24	0.3	5:21	0.4	7:09	7:01	
14	Thu			12:16	3.4	6:06	0.5	5:59	0.6	7:07	7:02	
15	Fri	12:38	3.9	1:07	3.3	7:03	0.7	6:56	0.8	7:06	7:03	
16	Sat	1:30	3.9	2:02	3.3	8:13	0.7	8:17	0.8	7:04	7:04	
17	Sun	2:28	3.9	3:03	3.4	9:21	0.5	9:32	0.6	7:02	7:05	
18	Mon	3:32	4.1	4:09	3.7	10:20	0.3	10:35	0.3	7:01	7:06	
19	Tue	4:39	4.3	5:12	4.1	11:13	-0.1	11:31	-0.1	6:59	7:07	
20	Wed	5:39	4.6	6:07	4.6			12:03	-0.4	6:57	7:08	
21	Thu	6:32	4.9	6:56	5.0	12:25	-0.5	12:52	-0.7	6:56	7:09	
22	Fri	7:21	5.1	7:44	5.3	1:19	-0.8	1:41	-0.9	6:54	7:10	
23	Sat	8:10	5.2	8:33	5.5	2:12	-1.0	2:29	-1.1	6:53	7:11	
24	Sun	9:00	5.1	9:22	5.5	3:03	-1.1	3:17	-1.1	6:51	7:12	
25	Mon	9:53	4.9	10:15	5.4	3:54	-1.0	4:04	-0.9	6:49	7:13	
26	Tue	10:48	4.7	11:11	5.1	4:44	-0.8	4:52	-0.6	6:48	7:14	
27	Wed	11:47	4.4			5:37	-0.5	5:44	-0.2	6:46	7:15	
28	Thu	12:09	4.8	12:47	4.2	6:36	-0.1	6:44	0.1	6:45	7:16	
29	Fri	1:08	4.6	1:45	4.0	7:42	0.1	7:52	0.4	6:43	7:17	
30	Sat	2:06	4.3	2:44	3.9	8:48	0.3	9:00	0.5	6:41	7:18	
31	Sun	3:05	4.1	3:43	3.9	9:49	0.3	10:02	0.5	6:40	7:19	