US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jan 2075

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:22	4.5	6:50	3.7	12:03	0.0	12:55	-0.1	7:17	4:41	
2	Wed	6:58	4.6	7:29	3.7	12:45	0.0	1:36	-0.2	7:17	4:42	
3	Thu	7:32	4.5	8:08	3.7	1:27	0.0	2:16	-0.2	7:17	4:43	
4	Fri	8:06	4.5	8:47	3.6	2:06	0.0	2:52	-0.2	7:17	4:44	
5	Sat	8:41	4.4	9:27	3.6	2:44	0.1	3:28	-0.2	7:17	4:45	
6	Sun	9:20	4.3	10:11	3.6	3:21	0.2	4:03	-0.1	7:17	4:46	
7	Mon	10:05	4.2	10:59	3.7	4:00	0.2	4:41	0.0	7:17	4:47	
8	Tue	10:57	4.0	11:50	3.8	4:47	0.3	5:26	0.0	7:17	4:48	
9	Wed	11:54	3.9			5:48	0.4	6:23	0.0	7:17	4:49	
10	Thu	12:43	4.0	12:52	3.8	7:03	0.4	7:27	0.0	7:17	4:50	
11	Fri	1:40	4.2	1:55	3.7	8:16	0.2	8:31	-0.1	7:16	4:51	
12	Sat	2:42	4.5	3:04	3.7	9:22	0.0	9:32	-0.3	7:16	4:52	
13	Sun	3:47	4.7	4:13	3.9	10:23	-0.4	10:29	-0.5	7:16	4:53	
14	Mon	4:48	5.0	5:15	4.1	11:19	-0.7	11:25	-0.7	7:15	4:54	
15	Tue	5:44	5.3	6:11	4.3			12:15	-0.9	7:15	4:55	
16	Wed	6:36	5.4	7:04	4.4	12:21	-0.8	1:08	-1.1	7:15	4:56	
17	Thu	7:27	5.4	7:56	4.4	1:16	-0.9	1:59	-1.1	7:14	4:57	
18	Fri	8:17	5.2	8:49	4.4	2:08	-0.8	2:47	-1.1	7:14	4:58	
19	Sat	9:08	5.0	9:41	4.3	2:58	-0.7	3:32	-1.0	7:13	5:00	
20	Sun	10:00	4.7	10:34	4.1	3:45	-0.4	4:17	-0.7	7:13	5:01	
21	Mon	10:51	4.3	11:26	4.0	4:34	-0.1	5:02	-0.4	7:12	5:02	
22	Tue	11:42	4.0			5:27	0.2	5:51	-0.1	7:11	5:03	
23	Wed	12:15	3.9	12:31	3.7	6:26	0.4	6:42	0.1	7:11	5:04	
24	Thu	1:03	3.8	1:21	3.4	7:29	0.6	7:36	0.3	7:10	5:05	
25	Fri	1:51	3.8	2:13	3.3	8:30	0.6	8:29	0.3	7:09	5:07	
26	Sat	2:43	3.8	3:10	3.2	9:25	0.5	9:20	0.3	7:09	5:08	
27	Sun	3:38	3.8	4:08	3.2	10:14	0.3	10:07	0.2	7:08	5:09	
28	Mon	4:31	4.0	5:00	3.4	11:01	0.1	10:53	0.1	7:07	5:10	
29	Tue	5:17	4.2	5:46	3.5	11:45	0.0	11:38	0.0	7:06	5:11	
30	Wed	5:58	4.3	6:27	3.7			12:29	-0.2	7:05	5:12	
31	Thu	6:36	4.4	7:06	3.8	12:22	-0.1	1:11	-0.3	7:04	5:14	