US HARBORS www.USHarbors.com

Seaside Heights, NJ - Mar 2075

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:10	4.4	6:39	4.1			12:40	-0.3	6:28	5:48	
2	Sat	6:48	4.6	7:17	4.2	12:43	-0.2	1:20	-0.5	6:27	5:49	
3	Sun	7:25	4.7	7:54	4.4	1:27	-0.4	1:59	-0.6	6:25	5:50	
4	Mon	8:04	4.6	8:33	4.5	2:10	-0.5	2:36	-0.6	6:24	5:51	
5	Tue	8:46	4.5	9:17	4.6	2:52	-0.5	3:13	-0.5	6:22	5:52	
6	Wed	9:32	4.3	10:05	4.6	3:35	-0.4	3:51	-0.4	6:20	5:53	
7	Thu	10:25	4.1	11:00	4.5	4:22	-0.3	4:34	-0.2	6:19	5:54	
8	Fri	11:23	3.9	11:58	4.5	5:18	0.0	5:28	0.0	6:17	5:55	
9	Sat			12:25	3.8	6:27	0.1	6:37	0.2	6:16	5:56	
10	Sun	12:59	4.5	2:29	3.7	8:41	0.2	8:53	0.2	7:14	6:57	
11	Mon	3:03	4.4	3:37	3.7	9:50	0.1	10:03	0.1	7:13	6:58	
12	Tue	4:12	4.5	4:48	3.9	10:52	-0.1	11:06	-0.1	7:11	6:59	
13	Wed	5:18	4.6	5:50	4.2	11:47	-0.4			7:09	7:00	
14	Thu	6:16	4.8	6:44	4.4	12:02	-0.3	12:38	-0.6	7:08	7:01	
15	Fri	7:06	4.9	7:31	4.7	12:55	-0.5	1:26	-0.7	7:06	7:03	
16	Sat	7:52	5.0	8:15	4.8	1:46	-0.6	2:11	-0.7	7:05	7:04	
17	Sun	8:35	4.9	8:58	4.8	2:33	-0.6	2:53	-0.7	7:03	7:05	
18	Mon	9:18	4.7	9:39	4.7	3:17	-0.5	3:32	-0.5	7:01	7:06	
19	Tue	10:01	4.4	10:20	4.5	3:58	-0.4	4:09	-0.3	7:00	7:07	
20	Wed	10:45	4.1	11:02	4.3	4:38	-0.1	4:44	0.0	6:58	7:08	
21	Thu	11:31	3.9	11:46	4.1	5:18	0.1	5:19	0.3	6:57	7:09	
22	Fri			12:20	3.6	6:01	0.4	5:57	0.6	6:55	7:10	
23	Sat	12:31	3.9	1:09	3.4	6:53	0.7	6:45	0.8	6:53	7:11	
24	Sun	1:18	3.8	2:00	3.3	7:56	0.8	7:49	1.0	6:52	7:12	
25	Mon	2:08	3.7	2:54	3.3	9:01	0.9	8:58	1.0	6:50	7:13	
26	Tue	3:03	3.7	3:53	3.4	10:00	0.7	10:00	0.9	6:49	7:14	
27	Wed	4:04	3.8	4:52	3.6	10:51	0.5	10:54	0.6	6:47	7:15	
28	Thu	5:04	4.0	5:43	3.8	11:37	0.3	11:44	0.3	6:45	7:16	
29	Fri	5:55	4.3	6:27	4.2			12:21	0.0	6:44	7:17	
30	Sat	6:39	4.5	7:08	4.5	12:31	0.1	1:03	-0.2	6:42	7:18	
31	Sun	7:20	4.7	7:47	4.8	1:18	-0.2	1:46	-0.4	6:40	7:19	