US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 2075

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:41	4.8	10:59	5.4	4:33	-0.6	4:44	0.0	5:31	8:28	
2	Tue	11:40	4.8	11:56	5.1	5:23	-0.4	5:39	0.3	5:32	8:28	
3	Wed			12:37	4.7	6:15	-0.2	6:38	0.6	5:32	8:28	
4	Thu	12:51	4.8	1:30	4.7	7:09	0.1	7:42	0.8	5:33	8:28	
5	Fri	1:43	4.6	2:20	4.6	8:04	0.3	8:46	0.9	5:33	8:28	
6	Sat	2:35	4.3	3:11	4.6	8:58	0.4	9:45	0.8	5:34	8:27	
7	Sun	3:28	4.1	4:02	4.6	9:48	0.5	10:38	0.8	5:34	8:27	
8	Mon	4:24	3.9	4:54	4.7	10:35	0.6	11:27	0.7	5:35	8:27	
9	Tue	5:19	3.9	5:42	4.8	11:19	0.6			5:36	8:26	
10	Wed	6:09	4.0	6:26	4.9	12:12	0.5	12:02	0.6	5:36	8:26	
11	Thu	6:54	4.1	7:07	5.0	12:57	0.4	12:45	0.6	5:37	8:26	
12	Fri	7:37	4.1	7:45	5.0	1:40	0.3	1:29	0.6	5:38	8:25	
13	Sat	8:18	4.1	8:21	4.9	2:23	0.3	2:13	0.6	5:39	8:25	
14	Sun	8:59	4.1	8:57	4.9	3:03	0.2	2:54	0.6	5:39	8:24	
15	Mon	9:39	4.1	9:31	4.8	3:41	0.2	3:33	0.7	5:40	8:23	
16	Tue	10:19	4.1	10:08	4.7	4:16	0.3	4:11	0.7	5:41	8:23	
17	Wed	11:01	4.1	10:48	4.6	4:50	0.3	4:49	0.8	5:42	8:22	
18	Thu	11:44	4.2	11:34	4.4	5:24	0.4	5:30	0.9	5:42	8:22	
19	Fri			12:30	4.3	6:02	0.5	6:22	1.0	5:43	8:21	
20	Sat	12:26	4.3	1:17	4.5	6:49	0.5	7:28	1.0	5:44	8:20	
21	Sun	1:21	4.3	2:08	4.7	7:46	0.5	8:41	0.9	5:45	8:19	
22	Mon	2:19	4.2	3:04	4.9	8:50	0.5	9:48	0.6	5:46	8:19	
23	Tue	3:23	4.2	4:07	5.2	9:53	0.3	10:50	0.3	5:47	8:18	
24	Wed	4:33	4.2	5:11	5.4	10:53	0.2	11:49	0.0	5:48	8:17	
25	Thu	5:40	4.4	6:11	5.7	11:52	0.0			5:48	8:16	
26	Fri	6:40	4.6	7:06	5.9	12:45	-0.2	12:49	-0.2	5:49	8:15	
27	Sat	7:36	4.9	7:59	6.0	1:40	-0.5	1:47	-0.3	5:50	8:14	
28	Sun	8:30	5.0	8:51	5.9	2:33	-0.6	2:43	-0.3	5:51	8:13	
29	Mon	9:24	5.0	9:43	5.7	3:23	-0.7	3:35	-0.2	5:52	8:12	
30	Tue	10:18	5.0	10:36	5.4	4:10	-0.6	4:26	0.0	5:53	8:11	
31	Wed	11:13	4.9	11:29	5.1	4:56	-0.4	5:16	0.2	5:54	8:10	