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# Seaside Heights, NJ - Jan 2088

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | | | 12:15 | 3.9 | 6:11 | 0.5 | 6:34 | 0.0 | 7:17 | 4:41 | |
| 2 | Fri | 12:51 | 4.2 | 1:14 | 3.8 | 7:28 | 0.4 | 7:40 | -0.1 | 7:17 | 4:42 | |
| 3 | Sat | 1:50 | 4.4 | 2:19 | 3.8 | 8:39 | 0.2 | 8:45 | -0.3 | 7:17 | 4:43 | |
| 4 | Sun | 2:55 | 4.6 | 3:28 | 3.9 | 9:43 | -0.1 | 9:45 | -0.5 | 7:17 | 4:44 | |
| 5 | Mon | 4:01 | 4.9 | 4:34 | 4.1 | 10:41 | -0.4 | 10:43 | -0.7 | 7:17 | 4:45 | |
| 6 | Tue | 5:01 | 5.1 | 5:33 | 4.3 | 11:36 | -0.7 | 11:39 | -0.8 | 7:17 | 4:46 | |
| 7 | Wed | 5:56 | 5.3 | 6:27 | 4.5 | | | 12:30 | -1.0 | 7:17 | 4:47 | |
| 8 | Thu | 6:47 | 5.4 | 7:19 | 4.6 | 12:34 | -0.9 | 1:23 | -1.1 | 7:17 | 4:48 | |
| 9 | Fri | 7:37 | 5.3 | 8:10 | 4.6 | 1:28 | -0.9 | 2:12 | -1.2 | 7:17 | 4:49 | |
| 10 | Sat | 8:27 | 5.1 | 9:02 | 4.6 | 2:19 | -0.9 | 2:58 | -1.1 | 7:17 | 4:50 | |
| 11 | Sun | 9:16 | 4.8 | 9:54 | 4.4 | 3:07 | -0.7 | 3:42 | -0.9 | 7:16 | 4:51 | |
| 12 | Mon | 10:07 | 4.5 | 10:46 | 4.3 | 3:54 | -0.4 | 4:26 | -0.6 | 7:16 | 4:52 | |
| 13 | Tue | 10:58 | 4.2 | 11:36 | 4.1 | 4:42 | -0.1 | 5:12 | -0.3 | 7:16 | 4:53 | |
| 14 | Wed | 11:48 | 3.8 | | | 5:34 | 0.2 | 6:01 | 0.0 | 7:15 | 4:54 | |
| 15 | Thu | 12:25 | 4.0 | 12:37 | 3.6 | 6:33 | 0.5 | 6:54 | 0.3 | 7:15 | 4:55 | |
| 16 | Fri | 1:13 | 3.9 | 1:27 | 3.3 | 7:35 | 0.6 | 7:50 | 0.4 | 7:15 | 4:56 | |
| 17 | Sat | 2:03 | 3.8 | 2:20 | 3.2 | 8:34 | 0.6 | 8:43 | 0.4 | 7:14 | 4:57 | |
| 18 | Sun | 2:56 | 3.8 | 3:18 | 3.2 | 9:28 | 0.4 | 9:34 | 0.3 | 7:14 | 4:58 | |
| 19 | Mon | 3:51 | 3.9 | 4:16 | 3.3 | 10:17 | 0.3 | 10:21 | 0.2 | 7:13 | 4:59 | |
| 20 | Tue | 4:42 | 4.1 | 5:06 | 3.4 | 11:04 | 0.1 | 11:06 | 0.1 | 7:13 | 5:00 | |
| 21 | Wed | 5:27 | 4.3 | 5:50 | 3.6 | 11:48 | -0.1 | 11:51 | 0.0 | 7:12 | 5:02 | |
| 22 | Thu | 6:08 | 4.4 | 6:31 | 3.7 | | | 12:31 | -0.3 | 7:11 | 5:03 | |
| 23 | Fri | 6:46 | 4.5 | 7:08 | 3.9 | 12:35 | -0.1 | 1:13 | -0.4 | 7:11 | 5:04 | |
| 24 | Sat | 7:22 | 4.6 | 7:45 | 3.9 | 1:18 | -0.2 | 1:52 | -0.5 | 7:10 | 5:05 | |
| 25 | Sun | 7:58 | 4.5 | 8:22 | 4.0 | 1:59 | -0.3 | 2:30 | -0.6 | 7:09 | 5:06 | |
| 26 | Mon | 8:36 | 4.5 | 9:01 | 4.1 | 2:39 | -0.3 | 3:06 | -0.6 | 7:09 | 5:08 | |
| 27 | Tue | 9:17 | 4.3 | 9:45 | 4.1 | 3:18 | -0.2 | 3:42 | -0.5 | 7:08 | 5:09 | |
| 28 | Wed | 10:05 | 4.2 | 10:35 | 4.2 | 4:01 | -0.2 | 4:21 | -0.5 | 7:07 | 5:10 | |
| 29 | Thu | 10:59 | 4.0 | 11:30 | 4.2 | 4:50 | 0.0 | 5:07 | -0.3 | 7:06 | 5:11 | |
| 30 | Fri | 11:57 | 3.8 | | | 5:53 | 0.1 | 6:05 | -0.2 | 7:05 | 5:12 | |
| 31 | Sat | 12:28 | 4.3 | 12:57 | 3.7 | 7:07 | 0.2 | 7:15 | -0.1 | 7:04 | 5:13 | |