US HARBORS www.USHarbors.com

Seaside Park, NJ - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:37	3.8	4:09	3.3	10:07	0.4	10:14	0.4	6:28	5:48	
2	Thu	4:32	4.0	5:00	3.5	10:54	0.2	11:01	0.3	6:27	5:49	
3	Fri	5:19	4.2	5:44	3.8	11:38	-0.1	11:47	0.1	6:25	5:50	
4	Sat	6:00	4.4	6:23	4.0			12:21	-0.2	6:24	5:51	
5	Sun	6:39	4.6	7:00	4.2	12:31	-0.1	1:02	-0.4	6:22	5:52	
6	Mon	7:16	4.6	7:35	4.3	1:15	-0.3	1:41	-0.5	6:20	5:53	
7	Tue	7:53	4.6	8:12	4.5	1:57	-0.4	2:19	-0.6	6:19	5:55	
8	Wed	8:33	4.5	8:52	4.5	2:38	-0.4	2:55	-0.5	6:17	5:56	
9	Thu	9:17	4.4	9:37	4.6	3:19	-0.4	3:32	-0.5	6:16	5:57	
10	Fri	10:07	4.2	10:28	4.5	4:03	-0.2	4:13	-0.3	6:14	5:58	
11	Sat	11:03	4.0	11:26	4.5	4:55	0.0	5:01	-0.1	6:13	5:59	
12	Sun			12:03	3.8	5:59	0.2	6:03	0.1	6:11	6:00	
13	Mon	12:27	4.5	1:06	3.8	7:13	0.2	7:18	0.2	6:09	6:01	
14	Tue	1:30	4.4	2:12	3.8	8:25	0.2	8:31	0.1	6:08	6:02	
15	Wed	2:38	4.4	3:21	3.9	9:30	0.0	9:37	0.0	6:06	6:03	
16	Thu	3:48	4.5	4:26	4.2	10:27	-0.3	10:36	-0.3	6:05	6:04	
17	Fri	4:50	4.7	5:23	4.5	11:19	-0.5	11:30	-0.5	6:03	6:05	
18	Sat	5:44	4.9	6:12	4.8			12:08	-0.7	6:01	6:06	
19	Sun	6:31	5.0	6:58	4.9	12:22	-0.6	12:55	-0.7	6:00	6:07	
20	Mon	7:16	4.9	7:42	5.0	1:12	-0.6	1:39	-0.7	5:58	6:08	
21	Tue	8:00	4.8	8:25	4.9	1:58	-0.6	2:20	-0.6	5:57	6:09	
22	Wed	8:43	4.5	9:07	4.7	2:41	-0.5	2:58	-0.4	5:55	6:10	
23	Thu	9:27	4.2	9:51	4.5	3:21	-0.3	3:34	-0.1	5:53	6:11	
24	Fri	10:12	4.0	10:35	4.3	4:01	0.0	4:10	0.2	5:52	6:12	
25	Sat	11:00	3.7	11:22	4.1	4:44	0.3	4:48	0.5	5:50	6:13	
26	Sun	11:50	3.5			5:32	0.6	5:34	0.8	5:48	6:14	
27	Mon	12:10	3.9	12:40	3.4	6:30	0.8	6:35	1.0	5:47	6:15	
28	Tue	12:59	3.8	1:32	3.3	7:34	0.8	7:44	1.1	5:45	6:16	
29	Wed	1:52	3.8	2:29	3.3	8:35	0.8	8:47	1.0	5:44	6:17	
30	Thu	2:51	3.8	3:29	3.5	9:29	0.6	9:42	0.8	5:42	6:18	
31	Fri	3:50	4.0	4:23	3.8	10:16	0.4	10:32	0.5	5:40	6:19	