US HARBORS www.USHarbors.com

Seaside Park, NJ - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**7:31**	4.8	**7:49**	6.0	**1:38**	-0.4	**1:37**	-0.3	5:31	8:28	
2	Sun	**8:26**	4.9	**8:42**	5.9	**2:33**	-0.6	**2:33**	-0.4	5:32	8:28	
3	Mon	**9:21**	4.9	**9:37**	5.8	**3:25**	-0.7	**3:27**	-0.3	5:32	8:28	
4	Tue	**10:19**	4.9	**10:33**	5.5	**4:15**	-0.7	**4:20**	-0.2	5:33	8:28	
5	Wed	**11:17**	4.9	**11:30**	5.2	**5:04**	-0.5	**5:14**	0.1	5:33	8:28	
6	Thu			**12:15**	4.9	**5:55**	-0.3	**6:10**	0.4	5:34	8:27	
7	Fri	**12:27**	4.9	**1:10**	4.8	**6:50**	0.0	**7:13**	0.6	5:35	8:27	
8	Sat	**1:21**	4.6	**2:01**	4.8	**7:46**	0.2	**8:17**	0.8	5:35	8:27	
9	Sun	**2:12**	4.4	**2:52**	4.7	**8:41**	0.4	**9:19**	0.8	5:36	8:26	
10	Mon	**3:05**	4.1	**3:44**	4.7	**9:34**	0.5	**10:15**	0.8	5:37	8:26	
11	Tue	**4:01**	4.0	**4:37**	4.7	**10:22**	0.6	**11:05**	0.7	5:37	8:25	
12	Wed	**4:58**	3.9	**5:27**	4.8	**11:08**	0.6	**11:52**	0.6	5:38	8:25	
13	Thu	**5:50**	3.9	**6:13**	4.9	**11:51**	0.6			5:39	8:25	
14	Fri	**6:37**	4.0	**6:55**	5.0	**12:37**	0.4	**12:35**	0.6	5:39	8:24	
15	Sat	**7:20**	4.1	**7:35**	5.0	**1:21**	0.3	**1:19**	0.6	5:40	8:23	
16	Sun	**8:01**	4.1	**8:13**	5.0	**2:04**	0.3	**2:02**	0.6	5:41	8:23	
17	Mon	**8:41**	4.1	**8:50**	4.9	**2:45**	0.2	**2:44**	0.6	5:42	8:22	
18	Tue	**9:21**	4.1	**9:26**	4.8	**3:24**	0.2	**3:23**	0.7	5:43	8:22	
19	Wed	**10:00**	4.1	**10:02**	4.7	**4:00**	0.2	**4:01**	0.8	5:43	8:21	
20	Thu	**10:39**	4.1	**10:41**	4.6	**4:34**	0.3	**4:37**	0.8	5:44	8:20	
21	Fri	**11:20**	4.1	**11:24**	4.4	**5:08**	0.3	**5:15**	0.9	5:45	8:19	
22	Sat			**12:04**	4.2	**5:44**	0.4	**6:01**	1.0	5:46	8:19	
23	Sun	**12:13**	4.3	**12:51**	4.4	**6:26**	0.5	**7:02**	1.1	5:47	8:18	
24	Mon	**1:05**	4.2	**1:40**	4.6	**7:19**	0.5	**8:15**	1.0	5:48	8:17	
25	Tue	**2:01**	4.2	**2:34**	4.8	**8:21**	0.5	**9:26**	0.8	5:49	8:16	
26	Wed	**3:02**	4.1	**3:35**	5.0	**9:25**	0.4	**10:30**	0.5	5:49	8:15	
27	Thu	**4:10**	4.2	**4:41**	5.3	**10:27**	0.2	**11:28**	0.2	5:50	8:14	
28	Fri	**5:18**	4.4	**5:44**	5.6	**11:26**	0.0			5:51	8:13	
29	Sat	**6:19**	4.6	**6:41**	5.8	**12:25**	-0.1	**12:24**	-0.2	5:52	8:12	
30	Sun	**7:16**	4.9	**7:35**	5.9	**1:20**	-0.4	**1:21**	-0.3	5:53	8:11	
31	Mon	**8:10**	5.1	**8:27**	5.9	**2:14**	-0.6	**2:18**	-0.4	5:54	8:10	