US HARBORS www.USHarbors.com

Seaside Park, NJ - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:28	3.7			5:06	0.8	5:45	0.3	7:17	4:42	
2	Tue	12:09	3.5	12:16	3.6	6:07	0.9	6:38	0.3	7:18	4:43	
3	Wed	12:54	3.7	1:08	3.5	7:21	0.8	7:36	0.3	7:18	4:43	
4	Thu	1:44	3.9	2:05	3.5	8:29	0.6	8:34	0.1	7:18	4:44	
5	Fri	2:40	4.1	3:10	3.6	9:30	0.3	9:29	-0.1	7:18	4:45	
6	Sat	3:41	4.5	4:15	3.7	10:26	0.0	10:23	-0.3	7:18	4:46	
7	Sun	4:40	4.8	5:13	4.0	11:20	-0.4	11:16	-0.6	7:17	4:47	
8	Mon	5:34	5.2	6:07	4.2			12:14	-0.7	7:17	4:48	
9	Tue	6:25	5.4	6:59	4.4	12:11	-0.7	1:07	-0.9	7:17	4:49	
10	Wed	7:16	5.5	7:52	4.5	1:06	-0.9	1:59	-1.1	7:17	4:50	
11	Thu	8:09	5.4	8:46	4.5	2:00	-0.9	2:48	-1.2	7:17	4:51	
12	Fri	9:03	5.2	9:43	4.5	2:52	-0.9	3:37	-1.1	7:16	4:52	
13	Sat	9:59	4.9	10:41	4.4	3:44	-0.7	4:26	-0.9	7:16	4:53	
14	Sun	10:55	4.6	11:37	4.4	4:38	-0.4	5:18	-0.7	7:16	4:54	
15	Mon	11:51	4.3			5:38	-0.1	6:13	-0.4	7:15	4:55	
16	Tue	12:32	4.3	12:45	4.0	6:43	0.1	7:12	-0.2	7:15	4:56	
17	Wed	1:25	4.2	1:39	3.7	7:49	0.3	8:09	0.0	7:14	4:58	
18	Thu	2:19	4.1	2:37	3.5	8:51	0.3	9:03	0.1	7:14	4:59	
19	Fri	3:15	4.1	3:37	3.4	9:46	0.2	9:53	0.1	7:13	5:00	
20	Sat	4:10	4.2	4:34	3.4	10:36	0.1	10:39	0.1	7:13	5:01	
21	Sun	5:00	4.3	5:23	3.5	11:23	0.0	11:24	0.0	7:12	5:02	
22	Mon	5:44	4.4	6:07	3.6			12:07	-0.2	7:12	5:03	
23	Tue	6:25	4.4	6:48	3.7	12:07	0.0	12:50	-0.2	7:11	5:04	
24	Wed	7:03	4.5	7:27	3.7	12:50	0.0	1:31	-0.3	7:10	5:06	
25	Thu	7:41	4.4	8:06	3.7	1:32	0.0	2:09	-0.3	7:10	5:07	
26	Fri	8:17	4.3	8:43	3.6	2:11	0.0	2:44	-0.3	7:09	5:08	
27	Sat	8:52	4.2	9:20	3.6	2:48	0.1	3:18	-0.3	7:08	5:09	
28	Sun	9:27	4.0	9:57	3.6	3:22	0.2	3:50	-0.2	7:07	5:10	
29	Mon	10:05	3.8	10:36	3.6	3:57	0.3	4:22	-0.1	7:06	5:12	
30	Tue	10:48	3.7	11:20	3.7	4:35	0.4	4:57	0.0	7:06	5:13	
31	Wed	11:37	3.6			5:25	0.5	5:42	0.1	7:05	5:14	