US HARBORS www.USHarbors.com

Seaside Park, NJ - Jul 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**4:33**	4.2	**5:09**	5.1	**10:52**	0.2	**11:36**	0.3	5:31	8:28	
2	Mon	**5:31**	4.1	**6:00**	5.2	**11:40**	0.3			5:32	8:28	
3	Tue	**6:23**	4.2	**6:45**	5.2	**12:25**	0.3	**12:26**	0.4	5:32	8:28	
4	Wed	**7:10**	4.2	**7:28**	5.2	**1:12**	0.2	**1:11**	0.4	5:33	8:28	
5	Thu	**7:54**	4.2	**8:09**	5.1	**1:58**	0.1	**1:56**	0.5	5:33	8:28	
6	Fri	**8:37**	4.2	**8:49**	5.0	**2:41**	0.1	**2:40**	0.6	5:34	8:27	
7	Sat	**9:20**	4.1	**9:29**	4.9	**3:22**	0.2	**3:21**	0.7	5:34	8:27	
8	Sun	**10:04**	4.1	**10:10**	4.7	**4:00**	0.2	**4:00**	0.8	5:35	8:27	
9	Mon	**10:48**	4.0	**10:52**	4.5	**4:36**	0.3	**4:38**	0.9	5:36	8:26	
10	Tue	**11:33**	4.0	**11:35**	4.3	**5:12**	0.4	**5:17**	1.1	5:36	8:26	
11	Wed			**12:17**	4.0	**5:48**	0.6	**6:00**	1.2	5:37	8:26	
12	Thu	**12:18**	4.2	**12:59**	4.1	**6:28**	0.7	**6:54**	1.3	5:38	8:25	
13	Fri	**1:03**	4.0	**1:40**	4.2	**7:14**	0.8	**7:59**	1.3	5:39	8:25	
14	Sat	**1:49**	3.9	**2:23**	4.3	**8:07**	0.8	**9:05**	1.2	5:39	8:24	
15	Sun	**2:40**	3.9	**3:12**	4.5	**9:03**	0.7	**10:05**	1.0	5:40	8:24	
16	Mon	**3:40**	3.9	**4:09**	4.8	**9:58**	0.6	**11:01**	0.7	5:41	8:23	
17	Tue	**4:44**	4.0	**5:09**	5.1	**10:53**	0.4	**11:55**	0.3	5:42	8:22	
18	Wed	**5:46**	4.2	**6:04**	5.4	**11:47**	0.2			5:42	8:22	
19	Thu	**6:41**	4.4	**6:57**	5.7	**12:48**	0.0	**12:41**	0.0	5:43	8:21	
20	Fri	**7:33**	4.6	**7:48**	5.8	**1:41**	-0.2	**1:37**	-0.1	5:44	8:20	
21	Sat	**8:26**	4.8	**8:40**	5.9	**2:33**	-0.5	**2:33**	-0.2	5:45	8:20	
22	Sun	**9:20**	4.9	**9:34**	5.8	**3:23**	-0.6	**3:27**	-0.3	5:46	8:19	
23	Mon	**10:15**	5.0	**10:29**	5.5	**4:12**	-0.6	**4:19**	-0.2	5:47	8:18	
24	Tue	**11:13**	5.0	**11:26**	5.3	**4:59**	-0.5	**5:13**	0.0	5:47	8:17	
25	Wed			**12:10**	5.1	**5:49**	-0.3	**6:10**	0.3	5:48	8:16	
26	Thu	**12:23**	5.0	**1:05**	5.1	**6:42**	-0.1	**7:13**	0.5	5:49	8:15	
27	Fri	**1:18**	4.7	**1:58**	5.0	**7:39**	0.1	**8:20**	0.6	5:50	8:15	
28	Sat	**2:12**	4.4	**2:51**	4.9	**8:38**	0.3	**9:24**	0.7	5:51	8:14	
29	Sun	**3:08**	4.1	**3:46**	4.9	**9:34**	0.5	**10:22**	0.6	5:52	8:13	
30	Mon	**4:08**	4.0	**4:43**	4.9	**10:27**	0.6	**11:15**	0.6	5:53	8:12	
31	Tue	**5:08**	3.9	**5:36**	4.9	**11:16**	0.6			5:54	8:11	