US HARBORS www.USHarbors.com

Seaside Park, NJ - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**2:31**	3.6	**3:17**	3.0	**9:28**	0.7	**9:19**	0.7	6:28	5:48	
2	Tue	**3:34**	3.7	**4:18**	3.2	**10:19**	0.4	**10:12**	0.5	6:27	5:49	
3	Wed	**4:32**	3.9	**5:08**	3.5	**11:05**	0.2	**11:01**	0.3	6:25	5:50	
4	Thu	**5:19**	4.2	**5:51**	3.8	**11:48**	0.0	**11:48**	0.0	6:23	5:51	
5	Fri	**6:01**	4.4	**6:30**	4.1			**12:30**	-0.3	6:22	5:52	
6	Sat	**6:39**	4.6	**7:08**	4.3	**12:34**	-0.2	**1:11**	-0.4	6:20	5:53	
7	Sun	**7:18**	4.7	**7:46**	4.5	**1:19**	-0.4	**1:50**	-0.6	6:19	5:55	
8	Mon	**7:58**	4.7	**8:26**	4.7	**2:03**	-0.5	**2:27**	-0.6	6:17	5:56	
9	Tue	**8:40**	4.5	**9:10**	4.7	**2:47**	-0.6	**3:04**	-0.6	6:16	5:57	
10	Wed	**9:27**	4.3	**9:59**	4.7	**3:32**	-0.5	**3:43**	-0.4	6:14	5:58	
11	Thu	**10:21**	4.0	**10:54**	4.7	**4:20**	-0.3	**4:26**	-0.2	6:13	5:59	
12	Fri	**11:20**	3.8	**11:53**	4.5	**5:16**	0.0	**5:19**	0.1	6:11	6:00	
13	Sat			**12:23**	3.6	**6:25**	0.2	**6:30**	0.3	6:09	6:01	
14	Sun	**12:55**	4.4	**1:28**	3.5	**7:41**	0.3	**7:49**	0.4	6:08	6:02	
15	Mon	**2:01**	4.3	**2:38**	3.5	**8:51**	0.2	**9:02**	0.3	6:06	6:03	
16	Tue	**3:12**	4.4	**3:50**	3.7	**9:52**	0.0	**10:05**	0.1	6:05	6:04	
17	Wed	**4:18**	4.5	**4:51**	4.0	**10:46**	-0.2	**11:01**	-0.1	6:03	6:05	
18	Thu	**5:15**	4.7	**5:43**	4.4	**11:35**	-0.4	**11:53**	-0.3	6:01	6:06	
19	Fri	**6:03**	4.8	**6:28**	4.6			**12:21**	-0.5	6:00	6:07	
20	Sat	**6:47**	4.8	**7:09**	4.7	**12:41**	-0.4	**1:04**	-0.6	5:58	6:08	
21	Sun	**7:28**	4.7	**7:49**	4.8	**1:27**	-0.4	**1:44**	-0.5	5:56	6:09	
22	Mon	**8:08**	4.5	**8:27**	4.7	**2:09**	-0.4	**2:20**	-0.4	5:55	6:10	
23	Tue	**8:49**	4.3	**9:05**	4.5	**2:49**	-0.2	**2:54**	-0.2	5:53	6:11	
24	Wed	**9:30**	4.0	**9:43**	4.4	**3:27**	0.0	**3:27**	0.1	5:52	6:12	
25	Thu	**10:15**	3.7	**10:23**	4.2	**4:04**	0.2	**3:59**	0.4	5:50	6:13	
26	Fri	**11:02**	3.5	**11:07**	4.0	**4:44**	0.5	**4:33**	0.6	5:48	6:14	
27	Sat	**11:52**	3.3	**11:54**	3.8	**5:32**	0.7	**5:16**	0.9	5:47	6:15	
28	Sun			**12:43**	3.2	**6:35**	0.9	**6:18**	1.1	5:45	6:16	
29	Mon	**12:45**	3.7	**1:38**	3.2	**7:45**	1.0	**7:35**	1.2	5:44	6:17	
30	Tue	**1:42**	3.7	**2:38**	3.2	**8:47**	0.8	**8:44**	1.0	5:42	6:18	
31	Wed	**2:45**	3.8	**3:38**	3.5	**9:40**	0.6	**9:41**	0.8	5:40	6:19	