US HARBORS www.USHarbors.com

Seaside Park, NJ - Aug 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**8:28**	4.9	**8:48**	5.7	**2:31**	-0.5	**2:39**	-0.1	5:55	8:09	
2	Mon	**9:20**	4.9	**9:38**	5.5	**3:19**	-0.5	**3:31**	-0.1	5:56	8:08	
3	Tue	**10:12**	4.9	**10:29**	5.2	**4:04**	-0.5	**4:20**	0.1	5:57	8:07	
4	Wed	**11:04**	4.9	**11:19**	4.9	**4:48**	-0.3	**5:08**	0.4	5:58	8:06	
5	Thu	**11:55**	4.8			**5:30**	0.0	**5:58**	0.6	5:59	8:05	
6	Fri	**12:10**	4.6	**12:44**	4.7	**6:14**	0.3	**6:54**	0.9	6:00	8:04	
7	Sat	**1:00**	4.2	**1:31**	4.6	**7:01**	0.6	**7:55**	1.1	6:01	8:02	
8	Sun	**1:49**	4.0	**2:17**	4.5	**7:52**	0.9	**8:57**	1.2	6:01	8:01	
9	Mon	**2:39**	3.7	**3:05**	4.4	**8:47**	1.0	**9:55**	1.1	6:02	8:00	
10	Tue	**3:34**	3.6	**3:59**	4.4	**9:41**	1.1	**10:47**	1.0	6:03	7:59	
11	Wed	**4:34**	3.6	**4:55**	4.5	**10:33**	1.0	**11:35**	0.8	6:04	7:58	
12	Thu	**5:31**	3.7	**5:47**	4.6	**11:22**	1.0			6:05	7:56	
13	Fri	**6:21**	3.9	**6:32**	4.8	**12:20**	0.7	**12:08**	0.8	6:06	7:55	
14	Sat	**7:04**	4.1	**7:11**	4.9	**1:03**	0.5	**12:54**	0.7	6:07	7:54	
15	Sun	**7:44**	4.2	**7:48**	5.0	**1:46**	0.4	**1:39**	0.6	6:08	7:52	
16	Mon	**8:22**	4.4	**8:23**	5.0	**2:26**	0.2	**2:23**	0.5	6:09	7:51	
17	Tue	**8:59**	4.5	**8:58**	5.0	**3:03**	0.2	**3:04**	0.5	6:10	7:49	
18	Wed	**9:35**	4.6	**9:35**	4.9	**3:38**	0.1	**3:44**	0.5	6:11	7:48	
19	Thu	**10:14**	4.6	**10:16**	4.7	**4:11**	0.2	**4:24**	0.5	6:12	7:47	
20	Fri	**10:57**	4.7	**11:03**	4.5	**4:44**	0.2	**5:07**	0.6	6:13	7:45	
21	Sat	**11:46**	4.8	**11:57**	4.3	**5:20**	0.3	**5:58**	0.7	6:14	7:44	
22	Sun			**12:40**	4.9	**6:03**	0.5	**7:02**	0.9	6:15	7:42	
23	Mon	**12:57**	4.1	**1:37**	5.0	**7:01**	0.6	**8:17**	0.9	6:16	7:41	
24	Tue	**1:59**	4.0	**2:38**	5.0	**8:15**	0.7	**9:30**	0.8	6:17	7:39	
25	Wed	**3:06**	4.0	**3:45**	5.1	**9:30**	0.7	**10:35**	0.5	6:18	7:38	
26	Thu	**4:19**	4.1	**4:54**	5.2	**10:37**	0.5	**11:33**	0.3	6:19	7:36	
27	Fri	**5:29**	4.3	**5:57**	5.4	**11:38**	0.3			6:19	7:35	
28	Sat	**6:28**	4.6	**6:51**	5.6	**12:27**	0.0	**12:35**	0.1	6:20	7:33	
29	Sun	**7:20**	4.9	**7:40**	5.6	**1:18**	-0.2	**1:30**	0.0	6:21	7:32	
30	Mon	**8:09**	5.1	**8:27**	5.6	**2:07**	-0.3	**2:22**	-0.1	6:22	7:30	
31	Tue	**8:55**	5.2	**9:13**	5.4	**2:52**	-0.4	**3:11**	0.0	6:23	7:29	