US HARBORS www.USHarbors.com

Seaside Park, NJ - Jan 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**10:30**	3.8	**11:28**	3.5	**4:21**	0.6	**5:00**	0.3	7:17	4:42	
2	Sun	**11:18**	3.7			**5:08**	0.7	**5:43**	0.3	7:18	4:43	
3	Mon	**12:13**	3.7	**12:10**	3.6	**6:12**	0.8	**6:36**	0.3	7:18	4:43	
4	Tue	**1:00**	3.9	**1:05**	3.5	**7:26**	0.7	**7:37**	0.3	7:18	4:44	
5	Wed	**1:53**	4.1	**2:07**	3.4	**8:36**	0.5	**8:39**	0.1	7:18	4:45	
6	Thu	**2:53**	4.4	**3:17**	3.5	**9:39**	0.2	**9:38**	-0.1	7:18	4:46	
7	Fri	**3:57**	4.7	**4:25**	3.6	**10:37**	-0.2	**10:35**	-0.3	7:17	4:47	
8	Sat	**4:57**	5.0	**5:26**	3.9	**11:33**	-0.5	**11:32**	-0.5	7:17	4:48	
9	Sun	**5:52**	5.3	**6:21**	4.1			**12:29**	-0.8	7:17	4:49	
10	Mon	**6:45**	5.4	**7:15**	4.3	**12:29**	-0.7	**1:22**	-1.0	7:17	4:50	
11	Tue	**7:37**	5.4	**8:09**	4.4	**1:26**	-0.8	**2:13**	-1.1	7:17	4:51	
12	Wed	**8:30**	5.3	**9:03**	4.4	**2:20**	-0.8	**3:01**	-1.1	7:16	4:52	
13	Thu	**9:23**	5.1	**9:59**	4.4	**3:11**	-0.7	**3:48**	-1.0	7:16	4:53	
14	Fri	**10:18**	4.7	**10:55**	4.3	**4:02**	-0.5	**4:35**	-0.8	7:16	4:54	
15	Sat	**11:12**	4.4	**11:49**	4.2	**4:56**	-0.2	**5:24**	-0.5	7:15	4:55	
16	Sun			**12:05**	4.0	**5:56**	0.1	**6:17**	-0.2	7:15	4:56	
17	Mon	**12:40**	4.1	**12:56**	3.7	**7:01**	0.4	**7:12**	0.0	7:14	4:58	
18	Tue	**1:30**	4.0	**1:49**	3.4	**8:06**	0.4	**8:07**	0.2	7:14	4:59	
19	Wed	**2:22**	3.9	**2:46**	3.2	**9:06**	0.4	**9:00**	0.3	7:13	5:00	
20	Thu	**3:17**	3.9	**3:46**	3.2	**9:59**	0.3	**9:49**	0.3	7:13	5:01	
21	Fri	**4:13**	4.0	**4:43**	3.2	**10:48**	0.2	**10:36**	0.3	7:12	5:02	
22	Sat	**5:03**	4.1	**5:32**	3.4	**11:33**	0.1	**11:22**	0.2	7:12	5:03	
23	Sun	**5:47**	4.2	**6:15**	3.5			**12:17**	0.0	7:11	5:05	
24	Mon	**6:27**	4.3	**6:56**	3.6	**12:07**	0.1	**1:00**	-0.1	7:10	5:06	
25	Tue	**7:04**	4.3	**7:35**	3.6	**12:50**	0.0	**1:39**	-0.2	7:10	5:07	
26	Wed	**7:39**	4.3	**8:12**	3.7	**1:32**	0.0	**2:16**	-0.3	7:09	5:08	
27	Thu	**8:12**	4.2	**8:49**	3.7	**2:11**	0.0	**2:50**	-0.3	7:08	5:09	
28	Fri	**8:45**	4.1	**9:24**	3.7	**2:48**	0.0	**3:21**	-0.2	7:07	5:10	
29	Sat	**9:19**	4.0	**10:02**	3.7	**3:23**	0.1	**3:51**	-0.1	7:06	5:12	
30	Sun	**9:58**	3.8	**10:43**	3.8	**4:00**	0.2	**4:21**	0.0	7:06	5:13	
31	Mon	**10:44**	3.6	**11:29**	3.9	**4:42**	0.3	**4:55**	0.1	7:05	5:14	