US HARBORS www.USHarbors.com

Seaside Park, NJ - Mar 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:22	3.7	10:56	4.3	4:25	0.1	4:25	0.0	6:28	5:48	
2	Wed	11:18	3.5	11:54	4.3	5:18	0.3	5:12	0.2	6:27	5:49	
3	Thu			12:20	3.4	6:29	0.4	6:22	0.4	6:25	5:50	
4	Fri	12:56	4.3	1:28	3.3	7:49	0.4	7:49	0.4	6:24	5:51	
5	Sat	2:05	4.3	2:42	3.4	9:01	0.2	9:06	0.2	6:22	5:52	
6	Sun	3:19	4.4	3:56	3.7	10:03	-0.1	10:11	-0.1	6:21	5:53	
7	Mon	4:27	4.7	5:00	4.1	10:58	-0.4	11:10	-0.4	6:19	5:54	
8	Tue	5:25	4.9	5:54	4.5	11:50	-0.7			6:18	5:55	
9	Wed	6:16	5.1	6:43	4.8	12:06	-0.6	12:39	-0.9	6:16	5:56	
10	Thu	7:04	5.2	7:29	5.0	12:59	-0.8	1:26	-1.0	6:15	5:57	
11	Fri	7:50	5.0	8:15	5.0	1:48	-0.8	2:09	-1.0	6:13	5:59	
12	Sat	8:36	4.8	9:00	4.9	2:35	-0.7	2:50	-0.8	6:11	6:00	
13	Sun	9:23	4.5	9:45	4.7	3:20	-0.5	3:29	-0.5	6:10	6:01	
14	Mon	10:11	4.1	10:31	4.4	4:03	-0.2	4:07	-0.1	6:08	6:02	
15	Tue	11:02	3.7	11:19	4.1	4:49	0.1	4:47	0.3	6:07	6:03	
16	Wed	11:53	3.5			5:41	0.5	5:33	0.7	6:05	6:04	
17	Thu	12:09	3.9	12:46	3.3	6:44	0.7	6:33	0.9	6:03	6:05	
18	Fri	1:00	3.7	1:41	3.2	7:51	0.8	7:43	1.0	6:02	6:06	
19	Sat	1:56	3.6	2:41	3.2	8:53	0.8	8:48	1.0	6:00	6:07	
20	Sun	2:58	3.6	3:43	3.3	9:46	0.7	9:44	0.8	5:59	6:08	
21	Mon	4:00	3.8	4:37	3.6	10:31	0.5	10:33	0.6	5:57	6:09	
22	Tue	4:51	4.0	5:22	3.9	11:13	0.2	11:19	0.3	5:55	6:10	
23	Wed	5:34	4.2	6:01	4.1	11:53	0.1			5:54	6:11	
24	Thu	6:11	4.3	6:37	4.4	12:03	0.1	12:32	-0.1	5:52	6:12	
25	Fri	6:47	4.4	7:11	4.6	12:46	0.0	1:09	-0.2	5:50	6:13	
26	Sat	7:21	4.4	7:44	4.7	1:28	-0.2	1:44	-0.2	5:49	6:14	
27	Sun	7:57	4.3	8:18	4.8	2:09	-0.2	2:18	-0.2	5:47	6:15	
28	Mon	8:35	4.2	8:57	4.8	2:49	-0.2	2:52	-0.1	5:46	6:16	
29	Tue	9:19	4.0	9:43	4.7	3:30	-0.2	3:28	0.0	5:44	6:17	
30	Wed	10:12	3.8	10:38	4.6	4:15	0.0	4:09	0.2	5:42	6:18	
31	Thu	11:13	3.6	11:40	4.5	5:10	0.2	5:01	0.4	5:41	6:19	