US HARBORS www.USHarbors.com

Seaside Park, NJ - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**7:48**	5.3	**8:20**	4.2	**1:38**	-0.5	**2:28**	-0.9	7:17	4:41	
2	Mon	**8:40**	5.2	**9:14**	4.2	**2:30**	-0.6	**3:15**	-0.9	7:18	4:42	
3	Tue	**9:34**	5.0	**10:12**	4.3	**3:21**	-0.5	**4:02**	-0.8	7:18	4:43	
4	Wed	**10:30**	4.8	**11:10**	4.3	**4:14**	-0.3	**4:50**	-0.7	7:18	4:44	
5	Thu	**11:27**	4.5			**5:12**	-0.1	**5:43**	-0.5	7:18	4:45	
6	Fri	**12:06**	4.3	**12:23**	4.2	**6:18**	0.1	**6:41**	-0.3	7:18	4:46	
7	Sat	**1:00**	4.3	**1:18**	3.9	**7:28**	0.3	**7:40**	-0.1	7:17	4:47	
8	Sun	**1:55**	4.3	**2:16**	3.6	**8:35**	0.3	**8:38**	0.0	7:17	4:48	
9	Mon	**2:53**	4.3	**3:19**	3.5	**9:36**	0.2	**9:32**	0.0	7:17	4:49	
10	Tue	**3:52**	4.3	**4:21**	3.4	**10:30**	0.1	**10:23**	0.0	7:17	4:50	
11	Wed	**4:47**	4.4	**5:15**	3.5	**11:20**	0.0	**11:11**	0.0	7:17	4:51	
12	Thu	**5:35**	4.4	**6:03**	3.6			**12:08**	-0.1	7:16	4:52	
13	Fri	**6:19**	4.5	**6:47**	3.7			**12:53**	-0.2	7:16	4:53	
14	Sat	**6:59**	4.5	**7:29**	3.7	**12:43**	0.0	**1:35**	-0.2	7:16	4:54	
15	Sun	**7:38**	4.4	**8:10**	3.7	**1:27**	0.0	**2:14**	-0.3	7:15	4:55	
16	Mon	**8:16**	4.3	**8:51**	3.7	**2:08**	0.0	**2:50**	-0.2	7:15	4:56	
17	Tue	**8:52**	4.1	**9:32**	3.6	**2:46**	0.1	**3:23**	-0.1	7:15	4:57	
18	Wed	**9:29**	3.9	**10:13**	3.6	**3:23**	0.2	**3:55**	0.0	7:14	4:58	
19	Thu	**10:06**	3.7	**10:54**	3.6	**3:59**	0.4	**4:25**	0.1	7:14	5:00	
20	Fri	**10:45**	3.5	**11:34**	3.6	**4:38**	0.5	**4:57**	0.2	7:13	5:01	
21	Sat	**11:29**	3.4			**5:25**	0.7	**5:36**	0.4	7:12	5:02	
22	Sun	**12:16**	3.7	**12:17**	3.2	**6:27**	0.7	**6:27**	0.5	7:12	5:03	
23	Mon	**1:01**	3.8	**1:11**	3.1	**7:39**	0.7	**7:32**	0.5	7:11	5:04	
24	Tue	**1:53**	3.9	**2:14**	3.0	**8:47**	0.5	**8:39**	0.4	7:10	5:05	
25	Wed	**2:55**	4.1	**3:26**	3.1	**9:48**	0.2	**9:41**	0.2	7:10	5:07	
26	Thu	**4:01**	4.4	**4:34**	3.4	**10:44**	-0.1	**10:39**	-0.1	7:09	5:08	
27	Fri	**5:01**	4.7	**5:31**	3.7	**11:37**	-0.4	**11:35**	-0.4	7:08	5:09	
28	Sat	**5:54**	5.0	**6:23**	4.0			**12:29**	-0.7	7:07	5:10	
29	Sun	**6:45**	5.3	**7:13**	4.3	**12:31**	-0.7	**1:20**	-1.0	7:07	5:11	
30	Mon	**7:35**	5.3	**8:04**	4.5	**1:26**	-0.9	**2:07**	-1.2	7:06	5:13	
31	Tue	**8:25**	5.2	**8:55**	4.6	**2:18**	-0.9	**2:53**	-1.2	7:05	5:14	