US HARBORS www.USHarbors.com

Seaside Park, NJ - Mar 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:05	5.2	8:32	5.1	2:03	-1.1	2:27	-1.2	6:29	5:48	
2	Thu	8:55	4.9	9:22	5.0	2:53	-1.0	3:11	-1.1	6:27	5:49	
3	Fri	9:47	4.6	10:14	4.8	3:42	-0.7	3:54	-0.8	6:26	5:50	
4	Sat	10:41	4.2	11:07	4.6	4:32	-0.4	4:39	-0.4	6:24	5:51	
5	Sun	11:36	3.8			5:28	0.0	5:30	0.1	6:23	5:52	
6	Mon	12:01	4.3	12:33	3.5	6:32	0.3	6:31	0.5	6:21	5:53	
7	Tue	12:55	4.0	1:30	3.3	7:42	0.5	7:39	0.7	6:20	5:54	
8	Wed	1:53	3.8	2:31	3.2	8:48	0.6	8:44	0.7	6:18	5:55	
9	Thu	2:56	3.7	3:36	3.3	9:45	0.5	9:42	0.6	6:16	5:56	
10	Fri	4:00	3.8	4:34	3.5	10:33	0.3	10:32	0.5	6:15	5:57	
11	Sat	4:53	3.9	5:21	3.7	11:16	0.2	11:18	0.3	6:13	5:58	
12	Sun	5:37	4.1	6:02	4.0	11:56	0.1			6:12	5:59	
13	Mon	6:15	4.2	6:39	4.2	12:01	0.1	12:34	-0.1	6:10	6:00	
14	Tue	6:51	4.3	7:14	4.3	12:43	0.0	1:10	-0.1	6:09	6:01	
15	Wed	7:24	4.2	7:47	4.4	1:24	-0.1	1:44	-0.1	6:07	6:02	
16	Thu	7:56	4.1	8:18	4.4	2:02	-0.1	2:16	-0.1	6:05	6:04	
17	Fri	8:28	4.0	8:48	4.3	2:38	-0.1	2:45	0.0	6:04	6:05	
18	Sat	9:00	3.8	9:20	4.3	3:13	0.0	3:13	0.1	6:02	6:06	
19	Sun	9:37	3.6	9:58	4.3	3:48	0.2	3:40	0.3	6:01	6:07	
20	Mon	10:22	3.5	10:47	4.2	4:27	0.3	4:14	0.4	5:59	6:08	
21	Tue	11:19	3.3	11:46	4.2	5:17	0.5	4:59	0.6	5:57	6:09	
22	Wed			12:22	3.3	6:29	0.6	6:13	0.7	5:56	6:10	
23	Thu	12:50	4.2	1:29	3.4	7:48	0.6	7:48	0.7	5:54	6:11	
24	Fri	1:59	4.3	2:40	3.6	8:56	0.3	9:05	0.4	5:52	6:12	
25	Sat	3:12	4.5	3:51	4.0	9:55	0.0	10:09	0.0	5:51	6:13	
26	Sun	4:19	4.7	4:52	4.4	10:48	-0.4	11:06	-0.3	5:49	6:14	
27	Mon	5:16	5.0	5:44	4.9	11:37	-0.7			5:48	6:15	
28	Tue	6:07	5.2	6:33	5.3	12:01	-0.6	12:26	-0.9	5:46	6:16	
29	Wed	6:56	5.2	7:20	5.5	12:55	-0.8	1:13	-1.0	5:44	6:17	
30	Thu	7:44	5.1	8:07	5.4	1:46	-0.9	1:59	-0.9	5:43	6:18	
31	Fri	8:33	4.8	8:54	5.3	2:35	-0.8	2:43	-0.7	5:41	6:19	