US HARBORS www.USHarbors.com

Seaside Park, NJ - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:04	4.8	5:34	3.9	11:39	-0.3	11:34	-0.3	7:17	4:41	
2	Tue	5:56	4.9	6:25	4.0			12:31	-0.4	7:17	4:42	
3	Wed	6:43	4.9	7:14	4.0	12:25	-0.3	1:20	-0.5	7:18	4:43	
4	Thu	7:28	4.8	8:00	4.0	1:15	-0.2	2:06	-0.5	7:18	4:44	
5	Fri	8:12	4.7	8:47	3.9	2:02	-0.2	2:47	-0.4	7:18	4:45	
6	Sat	8:55	4.4	9:33	3.8	2:45	0.0	3:26	-0.3	7:18	4:46	
7	Sun	9:39	4.2	10:20	3.7	3:26	0.1	4:03	-0.1	7:17	4:47	
8	Mon	10:23	3.9	11:07	3.7	4:06	0.3	4:40	0.0	7:17	4:48	
9	Tue	11:08	3.7	11:51	3.7	4:50	0.5	5:18	0.2	7:17	4:49	
10	Wed	11:53	3.4			5:40	0.7	6:01	0.4	7:17	4:50	
11	Thu	12:35	3.7	12:38	3.2	6:40	0.8	6:52	0.5	7:17	4:51	
12	Fri	1:19	3.7	1:26	3.1	7:44	0.8	7:47	0.6	7:17	4:52	
13	Sat	2:06	3.7	2:21	3.0	8:45	0.7	8:42	0.5	7:16	4:53	
14	Sun	2:59	3.8	3:23	3.0	9:41	0.5	9:35	0.4	7:16	4:54	
15	Mon	3:55	4.0	4:24	3.1	10:32	0.3	10:25	0.3	7:16	4:55	
16	Tue	4:48	4.3	5:16	3.3	11:21	0.0	11:14	0.1	7:15	4:56	
17	Wed	5:35	4.6	6:02	3.6			12:09	-0.3	7:15	4:57	
18	Thu	6:19	4.8	6:46	3.8	12:03	-0.1	12:56	-0.5	7:14	4:58	
19	Fri	7:03	5.0	7:30	4.0	12:52	-0.3	1:41	-0.7	7:14	4:59	
20	Sat	7:47	5.0	8:16	4.1	1:42	-0.5	2:24	-0.9	7:13	5:00	
21	Sun	8:34	4.9	9:05	4.3	2:29	-0.6	3:06	-0.9	7:13	5:02	
22	Mon	9:23	4.8	9:57	4.3	3:17	-0.5	3:48	-0.9	7:12	5:03	
23	Tue	10:16	4.5	10:52	4.4	4:06	-0.4	4:32	-0.7	7:11	5:04	
24	Wed	11:12	4.2	11:47	4.4	5:02	-0.2	5:21	-0.5	7:11	5:05	
25	Thu			12:09	3.9	6:07	0.1	6:19	-0.3	7:10	5:06	
26	Fri	12:43	4.4	1:07	3.6	7:19	0.2	7:23	-0.1	7:09	5:07	
27	Sat	1:41	4.3	2:10	3.4	8:30	0.2	8:29	0.0	7:08	5:09	
28	Sun	2:45	4.2	3:18	3.4	9:35	0.1	9:31	0.0	7:08	5:10	
29	Mon	3:51	4.3	4:25	3.5	10:33	-0.1	10:28	-0.1	7:07	5:11	
30	Tue	4:52	4.4	5:23	3.6	11:25	-0.2	11:21	-0.1	7:06	5:12	
31	Wed	5:44	4.5	6:12	3.8			12:14	-0.4	7:05	5:13	