US HARBORS www.USHarbors.com

Seaside Park, NJ - Mar 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:27	4.3	5:53	3.9	11:51	-0.2	11:53	0.0	6:29	5:47	
2	Fri	6:09	4.4	6:34	4.1			12:32	-0.3	6:28	5:48	
3	Sat	6:48	4.4	7:12	4.3	12:38	-0.1	1:11	-0.3	6:26	5:49	
4	Sun	7:24	4.4	7:49	4.3	1:20	-0.2	1:46	-0.3	6:25	5:51	
5	Mon	7:59	4.2	8:24	4.3	1:59	-0.2	2:19	-0.3	6:23	5:52	
6	Tue	8:34	4.0	8:58	4.2	2:36	-0.1	2:50	-0.1	6:22	5:53	
7	Wed	9:08	3.8	9:32	4.1	3:11	0.0	3:18	0.0	6:20	5:54	
8	Thu	9:44	3.6	10:07	4.0	3:45	0.2	3:45	0.2	6:18	5:55	
9	Fri	10:23	3.4	10:46	3.9	4:21	0.4	4:13	0.4	6:17	5:56	
10	Sat	11:08	3.2	11:31	3.8	5:02	0.6	4:46	0.6	6:15	5:57	
11	Sun			1:00	3.1	6:59	0.8	6:36	0.8	7:14	6:58	
12	Mon	1:24	3.8	1:58	3.0	8:14	0.8	7:58	0.9	7:12	6:59	
13	Tue	2:24	3.9	3:02	3.1	9:26	0.7	9:23	0.8	7:11	7:00	
14	Wed	3:31	4.0	4:13	3.3	10:27	0.4	10:31	0.5	7:09	7:01	
15	Thu	4:41	4.2	5:17	3.7	11:20	0.1	11:29	0.1	7:07	7:02	
16	Fri	5:41	4.6	6:11	4.2			12:09	-0.3	7:06	7:03	
17	Sat	6:34	4.9	6:59	4.7	12:23	-0.3	12:56	-0.6	7:04	7:04	
18	Sun	7:22	5.1	7:46	5.1	1:17	-0.6	1:43	-0.9	7:03	7:05	
19	Mon	8:09	5.1	8:32	5.3	2:09	-0.8	2:29	-1.0	7:01	7:06	
20	Tue	8:57	5.0	9:20	5.4	3:00	-0.9	3:15	-1.0	6:59	7:07	
21	Wed	9:48	4.8	10:10	5.3	3:50	-0.9	3:59	-0.9	6:58	7:08	
22	Thu	10:41	4.5	11:04	5.0	4:39	-0.7	4:45	-0.6	6:56	7:09	
23	Fri	11:40	4.2			5:32	-0.3	5:34	-0.2	6:54	7:10	
24	Sat	12:02	4.7	12:40	3.9	6:31	0.0	6:31	0.3	6:53	7:11	
25	Sun	1:02	4.4	1:41	3.7	7:40	0.3	7:41	0.6	6:51	7:12	
26	Mon	2:02	4.2	2:42	3.6	8:51	0.4	8:55	0.7	6:50	7:14	
27	Tue	3:04	4.0	3:46	3.6	9:56	0.4	10:01	0.7	6:48	7:15	
28	Wed	4:09	4.0	4:48	3.7	10:50	0.3	10:57	0.5	6:46	7:16	
29	Thu	5:10	4.0	5:42	4.0	11:37	0.2	11:46	0.4	6:45	7:17	
30	Fri	6:00	4.1	6:27	4.2			12:18	0.1	6:43	7:18	
31	Sat	6:42	4.2	7:06	4.5	12:31	0.2	12:56	0.0	6:41	7:19	