US HARBORS www.USHarbors.com

Seaside Park, NJ - Jul 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:36	4.0	8:44	5.2	2:47	0.1	2:39	0.6	5:31	8:28	
2	Mon	9:19	4.1	9:26	5.2	3:29	0.0	3:23	0.5	5:31	8:28	
3	Tue	10:04	4.2	10:13	5.1	4:09	0.0	4:07	0.5	5:32	8:28	
4	Wed	10:53	4.3	11:03	4.9	4:48	0.0	4:53	0.5	5:32	8:28	
5	Thu	11:46	4.5	11:57	4.8	5:30	0.0	5:45	0.6	5:33	8:28	
6	Fri			12:39	4.7	6:16	0.1	6:47	0.7	5:34	8:28	
7	Sat	12:53	4.6	1:32	4.9	7:08	0.2	7:58	0.8	5:34	8:27	
8	Sun	1:49	4.4	2:26	5.0	8:07	0.2	9:09	0.7	5:35	8:27	
9	Mon	2:48	4.2	3:25	5.1	9:09	0.2	10:14	0.5	5:35	8:27	
10	Tue	3:52	4.1	4:28	5.2	10:09	0.2	11:14	0.3	5:36	8:26	
11	Wed	5:00	4.1	5:30	5.3	11:07	0.2			5:37	8:26	
12	Thu	6:03	4.2	6:27	5.4	12:10	0.2	12:03	0.2	5:38	8:25	
13	Fri	7:00	4.4	7:18	5.4	1:05	0.0	12:58	0.2	5:38	8:25	
14	Sat	7:52	4.5	8:07	5.4	1:57	-0.1	1:52	0.2	5:39	8:24	
15	Sun	8:41	4.5	8:53	5.3	2:46	-0.1	2:43	0.3	5:40	8:24	
16	Mon	9:30	4.5	9:39	5.1	3:31	-0.1	3:30	0.4	5:40	8:23	
17	Tue	10:18	4.5	10:24	4.8	4:12	0.0	4:14	0.5	5:41	8:23	
18	Wed	11:06	4.4	11:10	4.5	4:50	0.1	4:57	0.7	5:42	8:22	
19	Thu	11:53	4.4	11:56	4.2	5:27	0.3	5:41	0.9	5:43	8:21	
20	Fri			12:38	4.4	6:05	0.6	6:29	1.1	5:44	8:21	
21	Sat	12:41	4.0	1:21	4.3	6:46	0.8	7:26	1.3	5:45	8:20	
22	Sun	1:26	3.8	2:04	4.3	7:32	1.0	8:27	1.3	5:45	8:19	
23	Mon	2:12	3.6	2:49	4.3	8:25	1.1	9:28	1.2	5:46	8:18	
24	Tue	3:04	3.5	3:40	4.4	9:20	1.1	10:23	1.1	5:47	8:18	
25	Wed	4:03	3.4	4:35	4.5	10:14	1.1	11:14	0.9	5:48	8:17	
26	Thu	5:05	3.5	5:29	4.7	11:05	1.0			5:49	8:16	
27	Fri	6:00	3.7	6:17	4.9	12:03	0.7	11:54 AM	0.8	5:50	8:15	
28	Sat	6:47	3.9	7:01	5.1	12:50	0.4	12:43	0.6	5:51	8:14	
29	Sun	7:30	4.1	7:43	5.3	1:36	0.2	1:32	0.5	5:52	8:13	
30	Mon	8:12	4.4	8:25	5.4	2:21	0.0	2:20	0.3	5:52	8:12	
31	Tue	8:56	4.6	9:09	5.4	3:03	-0.2	3:08	0.2	5:53	8:11	