US HARBORS www.USHarbors.com

Seaside Park, NJ - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:33	3.6	2:06	2.9	8:23	0.8	8:22	0.9	6:28	5:48	
2	Sun	2:33	3.6	3:11	3.0	9:22	0.6	9:24	0.7	6:26	5:49	
3	Mon	3:37	3.8	4:13	3.3	10:13	0.4	10:17	0.5	6:25	5:50	
4	Tue	4:33	4.1	5:03	3.6	10:59	0.1	11:06	0.2	6:23	5:51	
5	Wed	5:21	4.4	5:46	4.0	11:43	-0.2	11:54	-0.1	6:22	5:52	
6	Thu	6:03	4.6	6:26	4.3			12:26	-0.5	6:20	5:54	
7	Fri	6:45	4.8	7:06	4.6	12:42	-0.4	1:08	-0.6	6:19	5:55	
8	Sat	7:26	4.8	7:47	4.9	1:29	-0.6	1:49	-0.8	6:17	5:56	
9	Sun	9:10	4.7	9:30	5.0	3:15	-0.7	3:29	-0.8	7:16	6:57	
10	Mon	9:57	4.5	10:18	5.0	4:01	-0.6	4:10	-0.7	7:14	6:58	
11	Tue	10:49	4.2	11:11	4.8	4:49	-0.5	4:53	-0.5	7:13	6:59	
12	Wed	11:47	4.0			5:41	-0.2	5:42	-0.2	7:11	7:00	
13	Thu	12:10	4.7	12:49	3.8	6:43	0.1	6:42	0.1	7:09	7:01	
14	Fri	1:12	4.5	1:52	3.6	7:57	0.3	7:57	0.3	7:08	7:02	
15	Sat	2:16	4.3	2:57	3.6	9:10	0.3	9:13	0.4	7:06	7:03	
16	Sun	3:23	4.2	4:06	3.7	10:15	0.2	10:21	0.3	7:05	7:04	
17	Mon	4:32	4.2	5:11	3.9	11:11	0.0	11:19	0.1	7:03	7:05	
18	Tue	5:34	4.4	6:06	4.2			12:00	-0.2	7:01	7:06	
19	Wed	6:25	4.5	6:52	4.5	12:11	-0.1	12:45	-0.3	7:00	7:07	
20	Thu	7:09	4.6	7:34	4.7	12:59	-0.2	1:28	-0.4	6:58	7:08	
21	Fri	7:50	4.5	8:12	4.8	1:45	-0.3	2:07	-0.4	6:56	7:09	
22	Sat	8:28	4.4	8:50	4.8	2:28	-0.3	2:44	-0.3	6:55	7:10	
23	Sun	9:06	4.3	9:26	4.7	3:08	-0.3	3:19	-0.1	6:53	7:11	
24	Mon	9:44	4.0	10:02	4.5	3:46	-0.2	3:51	0.1	6:52	7:12	
25	Tue	10:23	3.8	10:40	4.3	4:22	0.0	4:22	0.3	6:50	7:13	
26	Wed	11:04	3.6	11:20	4.1	4:58	0.3	4:52	0.5	6:48	7:14	
27	Thu	11:51	3.4			5:37	0.5	5:25	0.8	6:47	7:15	
28	Fri	12:05	3.9	12:41	3.2	6:24	0.7	6:08	1.0	6:45	7:16	
29	Sat	12:55	3.8	1:34	3.2	7:27	0.9	7:15	1.2	6:43	7:17	
30	Sun	1:48	3.8	2:29	3.2	8:37	0.9	8:39	1.2	6:42	7:18	
31	Mon	2:46	3.8	3:28	3.3	9:39	0.7	9:49	1.0	6:40	7:19	