US HARBORS www.USHarbors.com

Seaside Park, NJ - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:14	4.4	6:37	5.7	12:22	0.0	12:15	0.0	5:31	8:28	
2	Wed	7:12	4.5	7:31	5.8	1:19	-0.2	1:14	-0.1	5:32	8:28	
3	Thu	8:07	4.7	8:24	5.8	2:14	-0.4	2:11	-0.1	5:32	8:28	
4	Fri	9:02	4.8	9:16	5.6	3:06	-0.5	3:06	-0.1	5:33	8:28	
5	Sat	9:56	4.8	10:09	5.4	3:54	-0.5	3:58	0.0	5:33	8:28	
6	Sun	10:51	4.8	11:01	5.1	4:40	-0.4	4:47	0.2	5:34	8:27	
7	Mon	11:45	4.7	11:53	4.7	5:25	-0.2	5:38	0.5	5:35	8:27	
8	Tue			12:36	4.7	6:11	0.1	6:32	0.8	5:35	8:27	
9	Wed	12:44	4.4	1:24	4.6	6:59	0.4	7:31	1.0	5:36	8:26	
10	Thu	1:32	4.1	2:10	4.6	7:49	0.6	8:32	1.1	5:37	8:26	
11	Fri	2:20	3.9	2:57	4.5	8:40	0.8	9:31	1.1	5:37	8:25	
12	Sat	3:11	3.7	3:47	4.5	9:30	0.9	10:24	1.0	5:38	8:25	
13	Sun	4:07	3.6	4:40	4.6	10:19	0.9	11:13	0.9	5:39	8:24	
14	Mon	5:06	3.6	5:31	4.7	11:06	0.9			5:40	8:24	
15	Tue	5:59	3.7	6:18	4.8	12:00	0.7	11:53 AM	0.9	5:40	8:23	
16	Wed	6:46	3.8	7:00	4.9	12:45	0.6	12:38	0.8	5:41	8:23	
17	Thu	7:28	3.9	7:39	5.0	1:30	0.4	1:24	0.7	5:42	8:22	
18	Fri	8:08	4.0	8:16	5.0	2:13	0.3	2:08	0.7	5:43	8:22	
19	Sat	8:46	4.1	8:52	5.0	2:53	0.2	2:51	0.6	5:43	8:21	
20	Sun	9:24	4.2	9:29	4.9	3:30	0.1	3:31	0.6	5:44	8:20	
21	Mon	10:03	4.3	10:08	4.8	4:05	0.1	4:10	0.6	5:45	8:19	
22	Tue	10:44	4.4	10:53	4.6	4:39	0.1	4:51	0.7	5:46	8:19	
23	Wed	11:30	4.6	11:43	4.4	5:14	0.2	5:37	0.8	5:47	8:18	
24	Thu			12:20	4.7	5:53	0.3	6:35	0.9	5:48	8:17	
25	Fri	12:38	4.3	1:13	4.9	6:42	0.4	7:47	0.9	5:49	8:16	
26	Sat	1:35	4.1	2:09	5.0	7:44	0.4	9:01	0.8	5:50	8:15	
27	Sun	2:37	4.0	3:11	5.1	8:53	0.5	10:09	0.6	5:50	8:14	
28	Mon	3:45	4.0	4:19	5.2	10:01	0.4	11:11	0.4	5:51	8:13	
29	Tue	4:57	4.1	5:26	5.3	11:04	0.2			5:52	8:12	
30	Wed	6:02	4.4	6:25	5.5	12:08	0.1	12:04	0.1	5:53	8:11	
31	Thu	6:59	4.6	7:19	5.6	1:02	-0.1	1:01	0.0	5:54	8:10	