US HARBORS www.USHarbors.com

Seaside Park, NJ - Sep 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:48	4.0	6:05	4.7	11:47	0.9			6:24	7:27	
2	Wed	6:32	4.2	6:46	4.8	12:24	0.6	12:32	0.7	6:25	7:26	
3	Thu	7:11	4.5	7:24	4.9	1:04	0.4	1:15	0.6	6:26	7:24	
4	Fri	7:46	4.6	7:59	4.9	1:42	0.3	1:58	0.5	6:27	7:23	
5	Sat	8:20	4.8	8:33	4.8	2:19	0.2	2:39	0.5	6:28	7:21	
6	Sun	8:52	4.8	9:07	4.7	2:54	0.2	3:18	0.5	6:29	7:19	
7	Mon	9:24	4.9	9:44	4.5	3:28	0.2	3:56	0.5	6:30	7:18	
8	Tue	10:00	4.9	10:26	4.3	4:00	0.3	4:35	0.6	6:31	7:16	
9	Wed	10:44	4.9	11:17	4.1	4:34	0.4	5:19	0.7	6:31	7:15	
10	Thu	11:38	4.9			5:13	0.6	6:14	0.9	6:32	7:13	
11	Fri	12:17	4.0	12:40	4.9	6:04	0.7	7:27	1.0	6:33	7:11	
12	Sat	1:22	3.9	1:44	4.9	7:15	0.9	8:44	0.9	6:34	7:10	
13	Sun	2:27	4.0	2:51	4.9	8:38	0.8	9:51	0.7	6:35	7:08	
14	Mon	3:35	4.2	4:01	5.0	9:52	0.6	10:50	0.4	6:36	7:06	
15	Tue	4:44	4.5	5:07	5.2	10:55	0.3	11:42	0.0	6:37	7:05	
16	Wed	5:45	4.9	6:05	5.4	11:53	0.1			6:38	7:03	
17	Thu	6:38	5.3	6:56	5.5	12:32	-0.2	12:47	-0.1	6:39	7:01	
18	Fri	7:26	5.6	7:43	5.5	1:20	-0.4	1:40	-0.2	6:40	7:00	
19	Sat	8:13	5.7	8:29	5.3	2:06	-0.4	2:31	-0.3	6:41	6:58	
20	Sun	8:58	5.7	9:15	5.1	2:51	-0.4	3:18	-0.2	6:42	6:56	
21	Mon	9:43	5.5	10:03	4.8	3:33	-0.1	4:04	0.0	6:43	6:55	
22	Tue	10:30	5.2	10:53	4.4	4:14	0.2	4:48	0.3	6:44	6:53	
23	Wed	11:19	4.9	11:46	4.1	4:54	0.5	5:34	0.7	6:45	6:51	
24	Thu			12:11	4.7	5:36	0.9	6:26	1.0	6:46	6:50	
25	Fri	12:40	3.9	1:03	4.5	6:25	1.2	7:27	1.2	6:47	6:48	
26	Sat	1:34	3.7	1:55	4.3	7:28	1.4	8:32	1.3	6:48	6:46	
27	Sun	2:28	3.7	2:49	4.2	8:37	1.5	9:31	1.2	6:49	6:45	
28	Mon	3:24	3.7	3:45	4.3	9:39	1.4	10:21	1.0	6:49	6:43	
29	Tue	4:21	3.9	4:40	4.4	10:33	1.2	11:05	0.8	6:50	6:42	
30	Wed	5:13	4.1	5:30	4.5	11:20	1.0	11:46	0.6	6:51	6:40	