US HARBORS www.USHarbors.com

Seaside Park, NJ - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:58	4.4	6:13	4.7			12:05	0.8	6:52	6:38	
2	Fri	6:37	4.7	6:52	4.8	12:25	0.4	12:48	0.6	6:53	6:37	
3	Sat	7:12	4.9	7:29	4.8	1:03	0.3	1:31	0.4	6:54	6:35	
4	Sun	7:45	5.1	8:06	4.7	1:41	0.2	2:14	0.3	6:55	6:33	
5	Mon	8:19	5.2	8:43	4.6	2:19	0.2	2:57	0.2	6:56	6:32	
6	Tue	8:55	5.3	9:24	4.5	2:57	0.2	3:39	0.3	6:57	6:30	
7	Wed	9:36	5.3	10:11	4.3	3:35	0.3	4:22	0.4	6:58	6:29	
8	Thu	10:24	5.2	11:08	4.1	4:15	0.4	5:10	0.5	6:59	6:27	
9	Fri	11:23	5.0			5:00	0.6	6:06	0.7	7:00	6:26	
10	Sat	12:12	4.0	12:29	4.9	5:57	0.7	7:15	0.8	7:01	6:24	
11	Sun	1:17	4.1	1:35	4.8	7:11	0.9	8:27	0.7	7:02	6:22	
12	Mon	2:21	4.2	2:39	4.8	8:32	0.8	9:32	0.5	7:03	6:21	
13	Tue	3:25	4.4	3:44	4.8	9:43	0.6	10:28	0.2	7:04	6:19	
14	Wed	4:28	4.7	4:48	4.9	10:45	0.4	11:19	0.0	7:06	6:18	
15	Thu	5:26	5.1	5:45	5.0	11:40	0.1			7:07	6:16	
16	Fri	6:18	5.4	6:35	5.1	12:06	-0.2	12:32	-0.1	7:08	6:15	
17	Sat	7:04	5.6	7:22	5.0	12:52	-0.3	1:22	-0.2	7:09	6:14	
18	Sun	7:47	5.7	8:06	4.9	1:37	-0.2	2:10	-0.2	7:10	6:12	
19	Mon	8:30	5.6	8:51	4.7	2:20	-0.1	2:57	-0.1	7:11	6:11	
20	Tue	9:12	5.4	9:36	4.4	3:03	0.1	3:40	0.1	7:12	6:09	
21	Wed	9:56	5.1	10:23	4.2	3:43	0.4	4:22	0.3	7:13	6:08	
22	Thu	10:42	4.8	11:15	3.9	4:22	0.7	5:05	0.6	7:14	6:06	
23	Fri	11:32	4.5			5:01	1.0	5:51	0.8	7:15	6:05	
24	Sat	12:09	3.8	12:25	4.3	5:46	1.2	6:43	1.0	7:16	6:04	
25	Sun	1:03	3.7	1:17	4.2	6:43	1.4	7:43	1.1	7:17	6:02	
26	Mon	1:55	3.7	2:08	4.1	7:53	1.5	8:43	1.1	7:18	6:01	
27	Tue	2:46	3.8	2:59	4.1	9:00	1.4	9:35	0.9	7:20	6:00	
28	Wed	3:38	3.9	3:53	4.1	9:58	1.2	10:21	0.7	7:21	5:58	
29	Thu	4:29	4.1	4:46	4.2	10:48	1.0	11:03	0.5	7:22	5:57	
30	Fri	5:17	4.4	5:35	4.3	11:34	0.7	11:43	0.4	7:23	5:56	
31	Sat	5:58	4.8	6:19	4.4			12:19	0.5	7:24	5:55	