US HARBORS www.USHarbors.com

Seaside Park, NJ - May 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:10	4.2	10:26	4.9	4:09	-0.2	4:11	0.3	5:56	7:50	
2	Sun	11:02	4.0	11:16	4.6	4:52	0.1	4:53	0.6	5:54	7:51	
3	Mon	11:55	3.8			5:36	0.4	5:38	0.9	5:53	7:52	
4	Tue	12:07	4.3	12:48	3.8	6:24	0.6	6:31	1.2	5:52	7:53	
5	Wed	12:58	4.1	1:38	3.8	7:18	0.8	7:35	1.3	5:51	7:54	
6	Thu	1:48	4.0	2:26	3.8	8:15	0.9	8:41	1.3	5:50	7:55	
7	Fri	2:38	3.9	3:16	3.9	9:08	0.8	9:41	1.2	5:49	7:56	
8	Sat	3:30	3.8	4:07	4.1	9:57	0.7	10:33	1.0	5:47	7:57	
9	Sun	4:25	3.8	4:57	4.3	10:41	0.6	11:21	0.7	5:46	7:58	
10	Mon	5:18	3.9	5:42	4.6	11:23	0.5			5:45	7:59	
11	Tue	6:06	4.0	6:23	4.8	12:07	0.5	12:05	0.4	5:44	8:00	
12	Wed	6:49	4.1	7:00	5.1	12:52	0.3	12:46	0.3	5:43	8:01	
13	Thu	7:30	4.2	7:38	5.2	1:38	0.1	1:30	0.2	5:42	8:02	
14	Fri	8:12	4.2	8:17	5.3	2:23	0.0	2:14	0.2	5:41	8:03	
15	Sat	8:56	4.2	9:00	5.3	3:08	-0.1	2:59	0.2	5:40	8:04	
16	Sun	9:44	4.2	9:48	5.3	3:53	-0.1	3:44	0.2	5:40	8:05	
17	Mon	10:37	4.2	10:42	5.1	4:38	-0.1	4:32	0.3	5:39	8:06	
18	Tue	11:36	4.2	11:42	5.0	5:26	0.0	5:24	0.4	5:38	8:07	
19	Wed			12:35	4.3	6:19	0.1	6:26	0.6	5:37	8:08	
20	Thu	12:43	4.8	1:33	4.5	7:19	0.2	7:37	0.6	5:36	8:08	
21	Fri	1:42	4.7	2:29	4.7	8:21	0.2	8:49	0.6	5:35	8:09	
22	Sat	2:41	4.5	3:27	4.9	9:20	0.1	9:54	0.4	5:35	8:10	
23	Sun	3:42	4.4	4:26	5.1	10:15	0.0	10:53	0.2	5:34	8:11	
24	Mon	4:45	4.4	5:22	5.3	11:06	0.0	11:48	0.1	5:33	8:12	
25	Tue	5:44	4.4	6:14	5.4	11:55	0.0			5:33	8:13	
26	Wed	6:37	4.4	7:01	5.5	12:40	-0.1	12:44	0.0	5:32	8:14	
27	Thu	7:27	4.4	7:46	5.5	1:30	-0.1	1:32	0.1	5:32	8:14	
28	Fri	8:14	4.4	8:30	5.3	2:19	-0.1	2:20	0.2	5:31	8:15	
29	Sat	9:00	4.3	9:14	5.1	3:04	-0.1	3:05	0.4	5:30	8:16	
30	Sun	9:47	4.2	9:59	4.9	3:47	0.0	3:47	0.6	5:30	8:17	
31	Mon	10:36	4.0	10:45	4.6	4:27	0.2	4:28	0.8	5:30	8:18	