US HARBORS www.USHarbors.com

Seaside Park, NJ - Jan 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:30	4.7	4:56	3.8	10:59	-0.2	11:03	-0.2	7:17	4:41	
2	Sun	5:23	4.8	5:48	3.9	11:50	-0.4	11:53	-0.3	7:17	4:42	
3	Mon	6:11	4.9	6:36	4.0			12:38	-0.5	7:18	4:43	
4	Tue	6:55	4.9	7:21	4.0	12:42	-0.2	1:24	-0.5	7:18	4:44	
5	Wed	7:37	4.8	8:04	4.0	1:28	-0.2	2:06	-0.5	7:18	4:45	
6	Thu	8:19	4.6	8:47	3.9	2:11	-0.1	2:45	-0.4	7:18	4:46	
7	Fri	9:00	4.4	9:30	3.8	2:51	0.0	3:21	-0.3	7:17	4:47	
8	Sat	9:42	4.1	10:14	3.7	3:30	0.2	3:55	-0.2	7:17	4:48	
9	Sun	10:25	3.9	10:58	3.7	4:09	0.4	4:30	0.0	7:17	4:49	
10	Mon	11:09	3.6	11:41	3.7	4:51	0.6	5:07	0.2	7:17	4:50	
11	Tue	11:54	3.4			5:41	0.7	5:51	0.3	7:17	4:51	
12	Wed	12:24	3.7	12:40	3.3	6:43	0.8	6:43	0.5	7:17	4:52	
13	Thu	1:08	3.7	1:30	3.1	7:50	0.8	7:43	0.5	7:16	4:53	
14	Fri	1:57	3.8	2:28	3.1	8:51	0.6	8:42	0.4	7:16	4:54	
15	Sat	2:53	3.9	3:31	3.2	9:47	0.4	9:37	0.2	7:16	4:55	
16	Sun	3:53	4.2	4:31	3.4	10:38	0.1	10:29	0.0	7:15	4:56	
17	Mon	4:48	4.5	5:23	3.7	11:28	-0.2	11:20	-0.3	7:15	4:57	
18	Tue	5:37	4.8	6:10	4.0			12:16	-0.5	7:14	4:58	
19	Wed	6:24	5.0	6:57	4.2	12:12	-0.5	1:04	-0.8	7:14	4:59	
20	Thu	7:10	5.1	7:44	4.4	1:04	-0.7	1:50	-1.0	7:13	5:00	
21	Fri	7:57	5.1	8:33	4.6	1:55	-0.9	2:35	-1.1	7:13	5:02	
22	Sat	8:46	5.0	9:24	4.6	2:44	-0.9	3:18	-1.1	7:12	5:03	
23	Sun	9:39	4.7	10:19	4.6	3:34	-0.8	4:03	-1.0	7:11	5:04	
24	Mon	10:34	4.4	11:15	4.6	4:26	-0.5	4:51	-0.7	7:11	5:05	
25	Tue	11:32	4.1			5:24	-0.3	5:46	-0.5	7:10	5:06	
26	Wed	12:12	4.5	12:30	3.8	6:31	0.0	6:49	-0.2	7:09	5:07	
27	Thu	1:08	4.4	1:29	3.6	7:41	0.1	7:54	0.0	7:08	5:09	
28	Fri	2:07	4.3	2:32	3.4	8:48	0.1	8:58	0.0	7:08	5:10	
29	Sat	3:10	4.2	3:39	3.4	9:48	0.0	9:55	0.0	7:07	5:11	
30	Sun	4:12	4.3	4:41	3.5	10:42	-0.1	10:48	-0.1	7:06	5:12	
31	Mon	5:07	4.4	5:33	3.7	11:31	-0.3	11:37	-0.2	7:05	5:13	