US HARBORS www.USHarbors.com

Seaside Park, NJ - Mar 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:45	4.1	5:12	3.8	11:05	-0.1	11:18	0.1	6:29	5:47	
2	Wed	5:32	4.3	5:55	4.0	11:47	-0.2			6:28	5:48	
3	Thu	6:13	4.4	6:34	4.2	12:02	-0.1	12:27	-0.3	6:26	5:49	
4	Fri	6:51	4.4	7:11	4.3	12:45	-0.2	1:05	-0.3	6:25	5:51	
5	Sat	7:28	4.3	7:45	4.3	1:26	-0.2	1:41	-0.3	6:23	5:52	
6	Sun	8:03	4.2	8:19	4.3	2:04	-0.2	2:15	-0.3	6:21	5:53	
7	Mon	8:38	4.0	8:50	4.2	2:40	-0.1	2:47	-0.2	6:20	5:54	
8	Tue	9:13	3.8	9:22	4.1	3:15	0.0	3:17	0.0	6:18	5:55	
9	Wed	9:50	3.6	9:56	4.0	3:49	0.2	3:46	0.2	6:17	5:56	
10	Thu	10:32	3.4	10:37	4.0	4:25	0.4	4:18	0.3	6:15	5:57	
11	Fri	11:21	3.3	11:28	4.0	5:08	0.6	4:58	0.5	6:14	5:58	
12	Sat			12:15	3.3	6:11	0.7	5:58	0.6	6:12	5:59	
13	Sun	12:25	4.0	2:14	3.3	8:28	0.7	8:20	0.6	7:10	7:00	
14	Mon	2:28	4.0	3:19	3.5	9:37	0.5	9:37	0.4	7:09	7:01	
15	Tue	3:38	4.2	4:27	3.8	10:36	0.2	10:42	0.1	7:07	7:02	
16	Wed	4:47	4.4	5:29	4.2	11:28	-0.2	11:40	-0.3	7:06	7:03	
17	Thu	5:49	4.7	6:23	4.7			12:18	-0.5	7:04	7:04	
18	Fri	6:42	5.0	7:13	5.1	12:35	-0.7	1:08	-0.8	7:02	7:05	
19	Sat	7:32	5.1	8:01	5.4	1:30	-0.9	1:56	-1.0	7:01	7:06	
20	Sun	8:22	5.1	8:50	5.5	2:23	-1.1	2:44	-1.1	6:59	7:07	
21	Mon	9:12	5.0	9:40	5.5	3:14	-1.1	3:31	-1.0	6:58	7:08	
22	Tue	10:04	4.7	10:32	5.3	4:04	-1.0	4:18	-0.8	6:56	7:09	
23	Wed	11:00	4.4	11:28	5.0	4:54	-0.7	5:05	-0.4	6:54	7:10	
24	Thu	11:58	4.1			5:47	-0.3	5:58	0.0	6:53	7:12	
25	Fri	12:25	4.7	12:57	3.9	6:46	0.1	6:59	0.4	6:51	7:13	
26	Sat	1:22	4.4	1:55	3.7	7:52	0.3	8:08	0.6	6:50	7:14	
27	Sun	2:19	4.2	2:53	3.6	8:58	0.4	9:16	0.7	6:48	7:15	
28	Mon	3:18	4.0	3:53	3.7	9:57	0.4	10:16	0.6	6:46	7:16	
29	Tue	4:18	4.0	4:52	3.8	10:47	0.3	11:07	0.5	6:45	7:17	
30	Wed	5:14	4.0	5:43	4.0	11:31	0.2	11:54	0.3	6:43	7:18	
31	Thu	6:02	4.1	6:26	4.3			12:12	0.1	6:41	7:19	