US HARBORS www.USHarbors.com

Seaside Park, NJ - Mar 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:00	5.3	7:26	5.1	12:55	-1.1	1:23	-1.2	6:29	5:48	
2	Sun	7:49	5.2	8:14	5.1	1:47	-1.1	2:09	-1.2	6:27	5:49	
3	Mon	8:38	5.0	9:03	5.0	2:35	-1.0	2:54	-1.1	6:26	5:50	
4	Tue	9:27	4.7	9:52	4.7	3:22	-0.8	3:37	-0.8	6:24	5:51	
5	Wed	10:19	4.3	10:43	4.5	4:09	-0.5	4:20	-0.4	6:23	5:52	
6	Thu	11:11	4.0	11:34	4.2	4:58	-0.1	5:05	0.0	6:21	5:53	
7	Fri			12:03	3.7	5:53	0.3	5:58	0.4	6:20	5:54	
8	Sat	12:24	4.0	12:56	3.5	6:55	0.5	6:58	0.6	6:18	5:55	
9	Sun	1:16	3.8	2:49	3.4	8:58	0.6	9:01	0.7	7:16	6:56	
10	Mon	3:10	3.7	3:47	3.4	9:56	0.6	9:59	0.6	7:15	6:57	
11	Tue	4:09	3.7	4:45	3.5	10:47	0.4	10:51	0.5	7:13	6:58	
12	Wed	5:06	3.8	5:38	3.7	11:33	0.3	11:39	0.3	7:12	6:59	
13	Thu	5:56	4.0	6:24	4.0			12:15	0.1	7:10	7:00	
14	Fri	6:38	4.2	7:04	4.2	12:24	0.1	12:56	-0.1	7:08	7:01	
15	Sat	7:17	4.3	7:41	4.4	1:08	-0.1	1:36	-0.2	7:07	7:03	
16	Sun	7:53	4.4	8:16	4.5	1:51	-0.2	2:14	-0.3	7:05	7:04	
17	Mon	8:28	4.4	8:50	4.6	2:32	-0.3	2:51	-0.3	7:04	7:05	
18	Tue	9:02	4.3	9:24	4.6	3:12	-0.3	3:26	-0.2	7:02	7:06	
19	Wed	9:39	4.2	10:02	4.6	3:51	-0.3	4:00	-0.2	7:00	7:07	
20	Thu	10:21	4.1	10:46	4.6	4:30	-0.2	4:35	-0.1	6:59	7:08	
21	Fri	11:11	3.9	11:38	4.5	5:13	-0.1	5:15	0.1	6:57	7:09	
22	Sat			12:09	3.8	6:04	0.1	6:06	0.2	6:56	7:10	
23	Sun	12:38	4.5	1:11	3.8	7:09	0.2	7:17	0.4	6:54	7:11	
24	Mon	1:40	4.5	2:14	3.8	8:22	0.2	8:38	0.3	6:52	7:12	
25	Tue	2:44	4.5	3:21	4.0	9:30	0.1	9:50	0.2	6:51	7:13	
26	Wed	3:52	4.5	4:29	4.3	10:31	-0.2	10:54	-0.1	6:49	7:14	
27	Thu	4:59	4.7	5:32	4.6	11:27	-0.4	11:51	-0.4	6:47	7:15	
28	Fri	5:59	4.9	6:27	5.0			12:18	-0.7	6:46	7:16	
29	Sat	6:51	5.1	7:17	5.2	12:46	-0.6	1:08	-0.8	6:44	7:17	
30	Sun	7:40	5.1	8:03	5.3	1:38	-0.8	1:56	-0.9	6:43	7:18	
31	Mon	8:28	5.0	8:49	5.3	2:28	-0.8	2:42	-0.8	6:41	7:19	