US HARBORS www.USHarbors.com

Seaside Park, NJ - May 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:42	4.1	6:08	4.4	11:51	0.3			5:56	7:50	
2	Thu	6:26	4.3	6:46	4.7	12:22	0.4	12:31	0.2	5:55	7:51	
3	Fri	7:06	4.4	7:22	4.9	1:06	0.3	1:11	0.1	5:53	7:52	
4	Sat	7:45	4.4	7:56	5.0	1:50	0.1	1:52	0.1	5:52	7:53	
5	Sun	8:24	4.4	8:31	5.1	2:33	0.0	2:31	0.1	5:51	7:54	
6	Mon	9:04	4.3	9:08	5.2	3:15	-0.1	3:11	0.1	5:50	7:55	
7	Tue	9:48	4.2	9:51	5.1	3:57	-0.1	3:51	0.2	5:49	7:56	
8	Wed	10:39	4.1	10:42	5.0	4:41	0.0	4:34	0.3	5:48	7:57	
9	Thu	11:36	4.1	11:41	4.9	5:28	0.1	5:22	0.4	5:47	7:58	
10	Fri			12:37	4.1	6:24	0.3	6:23	0.6	5:46	7:59	
11	Sat	12:44	4.8	1:36	4.2	7:29	0.3	7:37	0.7	5:44	8:00	
12	Sun	1:47	4.7	2:36	4.4	8:35	0.3	8:52	0.6	5:43	8:01	
13	Mon	2:49	4.6	3:37	4.6	9:37	0.1	9:59	0.4	5:43	8:02	
14	Tue	3:54	4.6	4:39	4.9	10:32	-0.1	10:59	0.1	5:42	8:03	
15	Wed	4:58	4.7	5:36	5.2	11:24	-0.2	11:54	-0.1	5:41	8:04	
16	Thu	5:56	4.8	6:27	5.5			12:13	-0.3	5:40	8:05	
17	Fri	6:48	4.8	7:14	5.6	12:47	-0.3	1:01	-0.3	5:39	8:06	
18	Sat	7:36	4.8	7:59	5.6	1:38	-0.4	1:48	-0.2	5:38	8:07	
19	Sun	8:23	4.7	8:43	5.5	2:27	-0.4	2:34	-0.1	5:37	8:07	
20	Mon	9:10	4.5	9:27	5.3	3:14	-0.3	3:18	0.1	5:36	8:08	
21	Tue	9:58	4.3	10:13	5.0	3:57	-0.2	4:00	0.4	5:36	8:09	
22	Wed	10:48	4.1	11:00	4.7	4:39	0.1	4:41	0.7	5:35	8:10	
23	Thu	11:40	3.9	11:50	4.5	5:22	0.3	5:23	0.9	5:34	8:11	
24	Fri			12:32	3.9	6:07	0.5	6:12	1.2	5:33	8:12	
25	Sat	12:40	4.3	1:21	3.8	6:58	0.7	7:11	1.4	5:33	8:13	
26	Sun	1:29	4.1	2:09	3.9	7:53	0.8	8:17	1.4	5:32	8:13	
27	Mon	2:17	4.0	2:57	3.9	8:47	0.8	9:18	1.3	5:32	8:14	
28	Tue	3:08	3.9	3:47	4.1	9:38	0.7	10:13	1.1	5:31	8:15	
29	Wed	4:02	3.9	4:38	4.3	10:24	0.6	11:03	0.9	5:31	8:16	
30	Thu	4:56	4.0	5:25	4.6	11:08	0.5	11:50	0.6	5:30	8:17	
31	Fri	5:47	4.1	6:07	4.9	11:50	0.4			5:30	8:17	