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# Seaside Park, NJ - Jul 2019

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | **6:49** | 4.3 | **7:02** | 5.5 | **12:57** | 0.1 | **12:48** | 0.2 | 5:31 | 8:28 | |
| 2 | Tue | **7:38** | 4.4 | **7:49** | 5.7 | **1:47** | -0.1 | **1:40** | 0.0 | 5:31 | 8:28 | |
| 3 | Wed | **8:27** | 4.6 | **8:38** | 5.7 | **2:37** | -0.3 | **2:32** | 0.0 | 5:32 | 8:28 | |
| 4 | Thu | **9:19** | 4.6 | **9:29** | 5.6 | **3:26** | -0.4 | **3:24** | -0.1 | 5:32 | 8:28 | |
| 5 | Fri | **10:14** | 4.7 | **10:25** | 5.5 | **4:14** | -0.5 | **4:16** | 0.0 | 5:33 | 8:28 | |
| 6 | Sat | **11:12** | 4.8 | **11:23** | 5.3 | **5:01** | -0.4 | **5:09** | 0.1 | 5:34 | 8:28 | |
| 7 | Sun | | | **12:10** | 4.8 | **5:52** | -0.3 | **6:07** | 0.3 | 5:34 | 8:27 | |
| 8 | Mon | **12:21** | 5.0 | **1:07** | 4.9 | **6:47** | -0.1 | **7:12** | 0.5 | 5:35 | 8:27 | |
| 9 | Tue | **1:18** | 4.8 | **2:01** | 5.0 | **7:45** | 0.0 | **8:20** | 0.6 | 5:36 | 8:27 | |
| 10 | Wed | **2:14** | 4.6 | **2:56** | 5.0 | **8:44** | 0.1 | **9:25** | 0.5 | 5:36 | 8:26 | |
| 11 | Thu | **3:11** | 4.3 | **3:52** | 5.0 | **9:41** | 0.2 | **10:25** | 0.5 | 5:37 | 8:26 | |
| 12 | Fri | **4:12** | 4.2 | **4:50** | 5.1 | **10:34** | 0.2 | **11:19** | 0.4 | 5:38 | 8:25 | |
| 13 | Sat | **5:12** | 4.1 | **5:43** | 5.1 | **11:24** | 0.3 | | | 5:38 | 8:25 | |
| 14 | Sun | **6:08** | 4.2 | **6:31** | 5.2 | **12:10** | 0.3 | **12:12** | 0.3 | 5:39 | 8:24 | |
| 15 | Mon | **6:57** | 4.2 | **7:16** | 5.2 | **12:58** | 0.2 | **12:59** | 0.4 | 5:40 | 8:24 | |
| 16 | Tue | **7:42** | 4.3 | **7:58** | 5.2 | **1:45** | 0.1 | **1:45** | 0.5 | 5:41 | 8:23 | |
| 17 | Wed | **8:25** | 4.3 | **8:38** | 5.1 | **2:29** | 0.1 | **2:29** | 0.5 | 5:41 | 8:23 | |
| 18 | Thu | **9:08** | 4.2 | **9:19** | 4.9 | **3:09** | 0.1 | **3:11** | 0.6 | 5:42 | 8:22 | |
| 19 | Fri | **9:51** | 4.2 | **9:59** | 4.7 | **3:48** | 0.2 | **3:51** | 0.7 | 5:43 | 8:21 | |
| 20 | Sat | **10:34** | 4.1 | **10:40** | 4.5 | **4:24** | 0.3 | **4:29** | 0.8 | 5:44 | 8:21 | |
| 21 | Sun | **11:18** | 4.1 | **11:22** | 4.3 | **4:58** | 0.4 | **5:07** | 1.0 | 5:45 | 8:20 | |
| 22 | Mon | | | **12:01** | 4.1 | **5:34** | 0.5 | **5:49** | 1.1 | 5:45 | 8:19 | |
| 23 | Tue | **12:06** | 4.2 | **12:43** | 4.1 | **6:11** | 0.7 | **6:38** | 1.3 | 5:46 | 8:18 | |
| 24 | Wed | **12:50** | 4.0 | **1:24** | 4.2 | **6:54** | 0.8 | **7:40** | 1.3 | 5:47 | 8:17 | |
| 25 | Thu | **1:35** | 3.9 | **2:06** | 4.3 | **7:46** | 0.8 | **8:47** | 1.2 | 5:48 | 8:17 | |
| 26 | Fri | **2:25** | 3.8 | **2:54** | 4.5 | **8:43** | 0.8 | **9:49** | 1.0 | 5:49 | 8:16 | |
| 27 | Sat | **3:23** | 3.8 | **3:50** | 4.7 | **9:41** | 0.7 | **10:46** | 0.8 | 5:50 | 8:15 | |
| 28 | Sun | **4:27** | 3.9 | **4:51** | 5.0 | **10:37** | 0.5 | **11:39** | 0.4 | 5:51 | 8:14 | |
| 29 | Mon | **5:30** | 4.1 | **5:48** | 5.3 | **11:31** | 0.3 | | | 5:52 | 8:13 | |
| 30 | Tue | **6:26** | 4.4 | **6:41** | 5.6 | **12:32** | 0.1 | **12:26** | 0.1 | 5:53 | 8:12 | |
| 31 | Wed | **7:18** | 4.6 | **7:32** | 5.8 | **1:24** | -0.2 | **1:21** | -0.1 | 5:53 | 8:11 | |