US HARBORS www.USHarbors.com

Seaside Park, NJ - Jan 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:17	4.7	9:00	3.7	2:17	-0.1	3:08	-0.3	7:17	4:42	
2	Sat	9:00	4.6	9:48	3.7	2:59	0.0	3:47	-0.3	7:17	4:43	
3	Sun	9:50	4.5	10:41	3.8	3:42	0.0	4:29	-0.2	7:18	4:43	
4	Mon	10:44	4.3	11:36	4.0	4:31	0.1	5:16	-0.2	7:18	4:44	
5	Tue	11:42	4.2			5:31	0.2	6:11	-0.1	7:18	4:45	
6	Wed	12:31	4.1	12:40	4.0	6:43	0.3	7:13	-0.1	7:17	4:46	
7	Thu	1:27	4.3	1:40	3.8	7:57	0.2	8:16	-0.2	7:17	4:47	
8	Fri	2:27	4.5	2:46	3.8	9:04	0.0	9:15	-0.3	7:17	4:48	
9	Sat	3:30	4.7	3:55	3.8	10:06	-0.2	10:12	-0.4	7:17	4:49	
10	Sun	4:32	4.9	4:58	3.9	11:02	-0.4	11:07	-0.5	7:17	4:50	
11	Mon	5:27	5.1	5:54	4.0	11:57	-0.6			7:17	4:51	
12	Tue	6:18	5.1	6:46	4.1	12:01	-0.5	12:50	-0.7	7:16	4:52	
13	Wed	7:07	5.1	7:35	4.1	12:54	-0.5	1:40	-0.8	7:16	4:53	
14	Thu	7:55	5.0	8:24	4.1	1:45	-0.5	2:26	-0.8	7:16	4:54	
15	Fri	8:41	4.8	9:13	4.0	2:32	-0.4	3:08	-0.7	7:15	4:55	
16	Sat	9:29	4.5	10:02	3.9	3:16	-0.2	3:49	-0.5	7:15	4:57	
17	Sun	10:16	4.2	10:51	3.8	3:59	0.1	4:29	-0.3	7:14	4:58	
18	Mon	11:04	3.9	11:38	3.7	4:44	0.3	5:10	0.0	7:14	4:59	
19	Tue	11:51	3.7			5:34	0.6	5:54	0.2	7:13	5:00	
20	Wed	12:23	3.7	12:37	3.4	6:33	0.7	6:44	0.4	7:13	5:01	
21	Thu	1:08	3.6	1:25	3.2	7:36	0.8	7:37	0.4	7:12	5:02	
22	Fri	1:55	3.7	2:18	3.1	8:37	0.7	8:31	0.4	7:12	5:03	
23	Sat	2:46	3.7	3:17	3.1	9:31	0.5	9:22	0.4	7:11	5:05	
24	Sun	3:42	3.8	4:15	3.2	10:22	0.3	10:11	0.3	7:10	5:06	
25	Mon	4:34	4.0	5:07	3.3	11:09	0.1	10:58	0.1	7:09	5:07	
26	Tue	5:20	4.3	5:52	3.5	11:55	-0.1	11:45	0.0	7:09	5:08	
27	Wed	6:02	4.5	6:34	3.7			12:40	-0.3	7:08	5:09	
28	Thu	6:42	4.7	7:15	3.8	12:31	-0.2	1:24	-0.5	7:07	5:11	
29	Fri	7:22	4.8	7:56	4.0	1:18	-0.4	2:06	-0.6	7:06	5:12	
30	Sat	8:04	4.8	8:40	4.1	2:03	-0.5	2:46	-0.7	7:05	5:13	
31	Sun	8:48	4.7	9:27	4.2	2:47	-0.5	3:25	-0.7	7:04	5:14	