US HARBORS www.USHarbors.com

Seaside Park, NJ - Jul 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:12	4.4	1:50	4.4	7:29	0.5	8:04	1.1	5:31	8:28	
2	Fri	2:01	4.2	2:36	4.4	8:20	0.6	9:05	1.1	5:32	8:28	
3	Sat	2:49	4.0	3:24	4.4	9:09	0.7	10:00	1.0	5:32	8:28	
4	Sun	3:41	3.8	4:14	4.5	9:56	0.7	10:50	0.9	5:33	8:28	
5	Mon	4:36	3.8	5:03	4.6	10:41	0.7	11:36	0.8	5:33	8:28	
6	Tue	5:30	3.8	5:50	4.7	11:24	0.7			5:34	8:27	
7	Wed	6:19	3.9	6:32	4.9	12:22	0.6	12:08	0.7	5:35	8:27	
8	Thu	7:04	4.0	7:11	5.0	1:06	0.5	12:52	0.6	5:35	8:27	
9	Fri	7:46	4.0	7:49	5.0	1:51	0.3	1:37	0.6	5:36	8:26	
10	Sat	8:27	4.0	8:25	5.0	2:34	0.3	2:21	0.6	5:37	8:26	
11	Sun	9:07	4.1	9:02	5.0	3:15	0.2	3:04	0.6	5:37	8:26	
12	Mon	9:48	4.1	9:42	4.9	3:53	0.2	3:45	0.6	5:38	8:25	
13	Tue	10:32	4.1	10:26	4.9	4:30	0.2	4:26	0.6	5:39	8:25	
14	Wed	11:20	4.3	11:16	4.7	5:08	0.2	5:10	0.7	5:39	8:24	
15	Thu			12:10	4.4	5:48	0.2	6:02	0.7	5:40	8:23	
16	Fri	12:10	4.6	1:01	4.6	6:35	0.3	7:06	0.8	5:41	8:23	
17	Sat	1:06	4.5	1:53	4.8	7:31	0.3	8:18	0.8	5:42	8:22	
18	Sun	2:03	4.3	2:49	5.0	8:32	0.3	9:28	0.6	5:43	8:22	
19	Mon	3:05	4.2	3:50	5.2	9:35	0.3	10:32	0.4	5:43	8:21	
20	Tue	4:13	4.2	4:53	5.4	10:35	0.2	11:31	0.2	5:44	8:20	
21	Wed	5:21	4.3	5:54	5.5	11:33	0.1			5:45	8:19	
22	Thu	6:23	4.4	6:49	5.7	12:27	-0.1	12:30	0.0	5:46	8:19	
23	Fri	7:19	4.6	7:41	5.7	1:22	-0.2	1:26	0.0	5:47	8:18	
24	Sat	8:11	4.7	8:31	5.6	2:15	-0.3	2:21	0.0	5:48	8:17	
25	Sun	9:03	4.7	9:20	5.5	3:04	-0.4	3:12	0.1	5:49	8:16	
26	Mon	9:54	4.7	10:09	5.2	3:50	-0.3	4:00	0.2	5:49	8:15	
27	Tue	10:45	4.6	10:58	4.9	4:32	-0.2	4:46	0.4	5:50	8:14	
28	Wed	11:35	4.5	11:48	4.6	5:14	0.1	5:32	0.7	5:51	8:13	
29	Thu			12:23	4.5	5:55	0.3	6:23	1.0	5:52	8:12	
30	Fri	12:36	4.3	1:09	4.4	6:38	0.6	7:19	1.1	5:53	8:11	
31	Sat	1:23	4.1	1:54	4.4	7:26	0.8	8:20	1.2	5:54	8:10	