US HARBORS www.USHarbors.com

Seaside Park, NJ - May 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:28	4.4	8:40	5.0	2:34	-0.1	2:31	0.1	5:56	7:50	
2	Mon	9:09	4.2	9:16	4.9	3:14	0.0	3:08	0.3	5:54	7:51	
3	Tue	9:51	4.0	9:52	4.7	3:53	0.1	3:44	0.5	5:53	7:52	
4	Wed	10:35	3.8	10:30	4.5	4:30	0.3	4:18	0.7	5:52	7:53	
5	Thu	11:23	3.7	11:13	4.3	5:08	0.5	4:54	0.9	5:51	7:54	
6	Fri			12:14	3.5	5:50	0.7	5:33	1.1	5:50	7:55	
7	Sat	12:01	4.1	1:05	3.5	6:40	0.9	6:25	1.3	5:48	7:56	
8	Sun	12:52	4.0	1:54	3.6	7:40	1.0	7:35	1.4	5:47	7:57	
9	Mon	1:44	4.0	2:43	3.7	8:41	0.9	8:48	1.3	5:46	7:58	
10	Tue	2:38	4.0	3:36	3.9	9:35	0.8	9:51	1.1	5:45	7:59	
11	Wed	3:37	4.1	4:29	4.2	10:24	0.6	10:47	0.7	5:44	8:00	
12	Thu	4:38	4.2	5:20	4.6	11:09	0.3	11:38	0.4	5:43	8:01	
13	Fri	5:34	4.4	6:07	5.1	11:53	0.1			5:42	8:02	
14	Sat	6:25	4.5	6:52	5.4	12:29	0.0	12:38	-0.1	5:41	8:03	
15	Sun	7:13	4.6	7:37	5.7	1:21	-0.2	1:25	-0.2	5:40	8:04	
16	Mon	8:02	4.7	8:24	5.8	2:13	-0.4	2:15	-0.2	5:39	8:05	
17	Tue	8:53	4.6	9:14	5.8	3:04	-0.5	3:05	-0.2	5:39	8:06	
18	Wed	9:48	4.5	10:09	5.6	3:55	-0.5	3:56	-0.1	5:38	8:07	
19	Thu	10:49	4.4	11:09	5.3	4:46	-0.4	4:48	0.1	5:37	8:08	
20	Fri	11:52	4.3			5:40	-0.2	5:46	0.4	5:36	8:09	
21	Sat	12:12	5.1	12:55	4.3	6:39	0.0	6:53	0.7	5:35	8:09	
22	Sun	1:12	4.9	1:54	4.3	7:43	0.2	8:06	0.8	5:35	8:10	
23	Mon	2:10	4.7	2:51	4.4	8:45	0.2	9:14	0.8	5:34	8:11	
24	Tue	3:07	4.5	3:48	4.5	9:41	0.2	10:15	0.6	5:33	8:12	
25	Wed	4:05	4.3	4:44	4.7	10:30	0.2	11:08	0.5	5:33	8:13	
26	Thu	5:02	4.3	5:34	4.9	11:15	0.2	11:57	0.4	5:32	8:14	
27	Fri	5:54	4.3	6:18	5.0	11:57	0.2			5:31	8:15	
28	Sat	6:40	4.3	6:58	5.1	12:42	0.3	12:38	0.3	5:31	8:15	
29	Sun	7:22	4.2	7:35	5.1	1:27	0.2	1:18	0.4	5:30	8:16	
30	Mon	8:03	4.2	8:12	5.1	2:10	0.2	1:59	0.5	5:30	8:17	
31	Tue	8:45	4.1	8:48	4.9	2:52	0.2	2:39	0.6	5:29	8:18	