US HARBORS www.USHarbors.com

Seaside Park, NJ - Jun 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:27	4.0	9:24	4.8	3:31	0.3	3:18	0.7	5:29	8:18	
2	Thu	10:11	3.8	10:01	4.6	4:09	0.4	3:55	0.8	5:29	8:19	
3	Fri	10:57	3.7	10:40	4.4	4:46	0.5	4:32	1.0	5:28	8:20	
4	Sat	11:45	3.7	11:25	4.3	5:24	0.6	5:10	1.1	5:28	8:20	
5	Sun			12:33	3.7	6:05	0.7	5:55	1.3	5:28	8:21	
6	Mon	12:14	4.2	1:18	3.8	6:53	0.8	6:55	1.3	5:27	8:22	
7	Tue	1:04	4.2	2:03	4.0	7:47	0.8	8:05	1.3	5:27	8:22	
8	Wed	1:55	4.1	2:50	4.2	8:42	0.7	9:13	1.1	5:27	8:23	
9	Thu	2:50	4.1	3:42	4.5	9:34	0.6	10:14	0.8	5:27	8:23	
10	Fri	3:52	4.1	4:38	4.9	10:25	0.4	11:11	0.4	5:27	8:24	
11	Sat	4:56	4.2	5:33	5.3	11:15	0.2			5:27	8:24	
12	Sun	5:56	4.3	6:25	5.6	12:05	0.1	12:06	0.0	5:27	8:25	
13	Mon	6:51	4.5	7:16	5.9	1:00	-0.2	12:59	-0.1	5:27	8:25	
14	Tue	7:45	4.6	8:07	5.9	1:55	-0.4	1:54	-0.2	5:27	8:26	
15	Wed	8:40	4.6	9:01	5.9	2:49	-0.5	2:50	-0.2	5:27	8:26	
16	Thu	9:37	4.6	9:57	5.7	3:41	-0.6	3:44	-0.1	5:27	8:27	
17	Fri	10:37	4.6	10:56	5.4	4:32	-0.5	4:38	0.1	5:27	8:27	
18	Sat	11:38	4.6	11:55	5.2	5:23	-0.3	5:34	0.3	5:27	8:27	
19	Sun			12:38	4.6	6:17	-0.1	6:36	0.6	5:27	8:27	
20	Mon	12:52	4.9	1:33	4.6	7:14	0.1	7:43	0.8	5:27	8:28	
21	Tue	1:46	4.6	2:25	4.6	8:11	0.2	8:49	0.8	5:27	8:28	
22	Wed	2:38	4.4	3:17	4.6	9:04	0.3	9:49	0.8	5:28	8:28	
23	Thu	3:32	4.1	4:09	4.7	9:54	0.4	10:43	0.7	5:28	8:28	
24	Fri	4:28	4.0	5:00	4.8	10:40	0.5	11:31	0.6	5:28	8:28	
25	Sat	5:23	3.9	5:47	4.9	11:23	0.5			5:29	8:29	
26	Sun	6:13	4.0	6:30	4.9	12:17	0.5	12:05	0.6	5:29	8:29	
27	Mon	6:58	4.0	7:10	5.0	1:02	0.4	12:48	0.6	5:29	8:29	
28	Tue	7:41	4.0	7:48	5.0	1:46	0.4	1:31	0.6	5:30	8:29	
29	Wed	8:22	4.0	8:25	4.9	2:29	0.3	2:14	0.7	5:30	8:29	
30	Thu	9:04	4.0	9:01	4.8	3:09	0.3	2:56	0.7	5:31	8:29	