US HARBORS www.USHarbors.com

Seaside Park, NJ - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:49	3.9	5:28	4.2	11:14	0.5	11:36	0.7	5:56	7:50	
2	Tue	5:39	4.1	6:10	4.6	11:54	0.4			5:55	7:51	
3	Wed	6:23	4.2	6:48	4.8	12:22	0.4	12:33	0.3	5:53	7:52	
4	Thu	7:03	4.3	7:24	5.1	1:07	0.2	1:13	0.2	5:52	7:53	
5	Fri	7:43	4.3	8:00	5.3	1:52	0.0	1:54	0.1	5:51	7:54	
6	Sat	8:24	4.3	8:39	5.3	2:38	-0.1	2:35	0.1	5:50	7:55	
7	Sun	9:07	4.2	9:23	5.3	3:23	-0.2	3:18	0.2	5:49	7:56	
8	Mon	9:57	4.1	10:13	5.2	4:08	-0.2	4:01	0.3	5:48	7:57	
9	Tue	10:53	4.0	11:11	5.0	4:55	0.0	4:49	0.4	5:47	7:58	
10	Wed	11:56	4.0			5:47	0.1	5:45	0.6	5:45	7:59	
11	Thu	12:15	4.9	12:59	4.0	6:48	0.3	6:55	0.7	5:44	8:00	
12	Fri	1:17	4.8	2:00	4.2	7:54	0.3	8:13	0.8	5:43	8:01	
13	Sat	2:18	4.7	3:00	4.4	8:58	0.2	9:25	0.6	5:42	8:02	
14	Sun	3:19	4.6	4:01	4.6	9:55	0.1	10:28	0.4	5:42	8:03	
15	Mon	4:22	4.5	5:00	4.9	10:47	-0.1	11:24	0.2	5:41	8:04	
16	Tue	5:21	4.6	5:53	5.2	11:35	-0.1			5:40	8:05	
17	Wed	6:14	4.6	6:39	5.4	12:16	0.0	12:21	-0.2	5:39	8:06	
18	Thu	7:03	4.6	7:23	5.4	1:06	-0.1	1:06	-0.1	5:38	8:07	
19	Fri	7:48	4.5	8:04	5.4	1:54	-0.1	1:50	0.1	5:37	8:07	
20	Sat	8:33	4.4	8:44	5.2	2:41	-0.1	2:34	0.2	5:36	8:08	
21	Sun	9:19	4.2	9:25	5.0	3:24	0.0	3:16	0.4	5:36	8:09	
22	Mon	10:06	4.0	10:08	4.7	4:06	0.1	3:55	0.6	5:35	8:10	
23	Tue	10:55	3.9	10:53	4.5	4:46	0.4	4:35	0.9	5:34	8:11	
24	Wed	11:47	3.8	11:43	4.3	5:27	0.6	5:16	1.1	5:33	8:12	
25	Thu			12:39	3.7	6:12	0.8	6:04	1.3	5:33	8:13	
26	Fri	12:32	4.1	1:27	3.7	7:03	0.9	7:03	1.4	5:32	8:14	
27	Sat	1:21	4.0	2:14	3.8	7:58	0.9	8:11	1.4	5:32	8:14	
28	Sun	2:08	3.9	3:01	4.0	8:51	0.9	9:14	1.3	5:31	8:15	
29	Mon	2:58	3.8	3:50	4.2	9:40	0.8	10:10	1.1	5:31	8:16	
30	Tue	3:52	3.8	4:39	4.4	10:25	0.7	11:01	0.8	5:30	8:17	
31	Wed	4:49	3.9	5:26	4.7	11:08	0.5	11:50	0.5	5:30	8:17	