US HARBORS www.USHarbors.com

Seaside Park, NJ - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:48	4.9	8:18	3.8	1:46	-0.1	2:34	-0.5	7:17	4:42	
2	Thu	8:36	4.8	9:06	3.8	2:28	-0.1	3:10	-0.5	7:17	4:43	
3	Fri	9:18	4.7	10:00	3.9	3:10	-0.1	3:52	-0.5	7:18	4:44	
4	Sat	10:12	4.5	10:54	4.0	3:58	0.0	4:40	-0.4	7:18	4:44	
5	Sun	11:06	4.3	11:48	4.2	4:52	0.1	5:28	-0.3	7:18	4:45	
6	Mon			12:06	4.1	5:58	0.2	6:22	-0.2	7:17	4:46	
7	Tue	12:42	4.3	1:06	3.8	7:16	0.3	7:22	-0.2	7:17	4:47	
8	Wed	1:42	4.4	2:06	3.7	8:22	0.2	8:28	-0.2	7:17	4:48	
9	Thu	2:42	4.5	3:12	3.6	9:28	0.1	9:28	-0.2	7:17	4:49	
10	Fri	3:48	4.6	4:18	3.6	10:28	-0.1	10:22	-0.3	7:17	4:50	
11	Sat	4:48	4.7	5:18	3.8	11:22	-0.3	11:22	-0.3	7:17	4:51	
12	Sun	5:42	4.8	6:12	3.9			12:16	-0.5	7:16	4:52	
13	Mon	6:30	4.9	7:00	4.0	12:10	-0.3	1:10	-0.6	7:16	4:53	
14	Tue	7:18	4.8	7:48	4.0	1:04	-0.3	1:52	-0.6	7:16	4:54	
15	Wed	8:00	4.7	8:36	4.0	1:52	-0.3	2:34	-0.6	7:15	4:56	
16	Thu	8:42	4.5	9:18	3.9	2:34	-0.2	3:16	-0.5	7:15	4:57	
17	Fri	9:30	4.2	10:06	3.8	3:16	-0.1	3:52	-0.3	7:14	4:58	
18	Sat	10:12	3.9	10:48	3.8	3:58	0.1	4:28	-0.1	7:14	4:59	
19	Sun	10:54	3.7	11:36	3.7	4:40	0.4	5:04	0.1	7:13	5:00	
20	Mon	11:36	3.4			5:28	0.6	5:40	0.3	7:13	5:01	
21	Tue	12:18	3.7	12:24	3.2	6:22	0.7	6:28	0.5	7:12	5:02	
22	Wed	1:00	3.7	1:12	3.0	7:28	0.8	7:28	0.6	7:12	5:03	
23	Thu	1:48	3.7	2:06	2.9	8:28	0.7	8:28	0.6	7:11	5:05	
24	Fri	2:42	3.7	3:06	2.9	9:28	0.6	9:22	0.5	7:10	5:06	
25	Sat	3:42	3.9	4:12	3.0	10:22	0.3	10:10	0.4	7:09	5:07	
26	Sun	4:36	4.1	5:06	3.2	11:10	0.1	11:04	0.1	7:09	5:08	
27	Mon	5:24	4.4	5:54	3.5	11:58	-0.2	11:52	-0.1	7:08	5:09	
28	Tue	6:06	4.7	6:36	3.7			12:40	-0.5	7:07	5:11	
29	Wed	6:54	4.9	7:18	4.0	12:40	-0.3	1:28	-0.7	7:06	5:12	
30	Thu	7:36	4.9	8:00	4.2	1:28	-0.5	2:10	-0.8	7:05	5:13	
31	Fri	8:18	4.9	8:48	4.3	2:16	-0.6	2:52	-0.9	7:04	5:14	