US HARBORS www.USHarbors.com

Seaside Park, NJ - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:13	3.8	1:50	4.4	7:14	1.0	8:11	1.3	5:55	8:09	
2	Sat	2:00	3.6	2:35	4.3	8:07	1.1	9:13	1.3	5:56	8:08	
3	Sun	2:51	3.5	3:25	4.3	9:05	1.2	10:10	1.1	5:57	8:07	
4	Mon	3:50	3.4	4:21	4.4	10:02	1.2	11:02	1.0	5:58	8:06	
5	Tue	4:53	3.5	5:17	4.6	10:54	1.0	11:51	0.7	5:59	8:05	
6	Wed	5:49	3.7	6:06	4.8	11:44	0.9			6:00	8:04	
7	Thu	6:37	3.9	6:50	5.1	12:37	0.5	12:32	0.7	6:00	8:03	
8	Fri	7:19	4.2	7:32	5.2	1:23	0.3	1:20	0.5	6:01	8:01	
9	Sat	8:00	4.4	8:12	5.3	2:06	0.1	2:08	0.4	6:02	8:00	
10	Sun	8:41	4.6	8:54	5.3	2:48	-0.1	2:54	0.2	6:03	7:59	
11	Mon	9:23	4.8	9:38	5.2	3:28	-0.2	3:40	0.2	6:04	7:58	
12	Tue	10:09	4.9	10:26	5.0	4:07	-0.2	4:26	0.2	6:05	7:56	
13	Wed	10:59	5.0	11:19	4.7	4:46	-0.2	5:15	0.3	6:06	7:55	
14	Thu	11:53	5.1			5:28	0.0	6:11	0.5	6:07	7:54	
15	Fri	12:16	4.5	12:49	5.1	6:18	0.2	7:19	0.7	6:08	7:52	
16	Sat	1:15	4.2	1:46	5.0	7:18	0.4	8:32	0.8	6:09	7:51	
17	Sun	2:15	4.1	2:47	5.0	8:27	0.6	9:42	0.7	6:10	7:50	
18	Mon	3:21	4.0	3:53	4.9	9:37	0.6	10:45	0.6	6:11	7:48	
19	Tue	4:31	4.0	5:00	5.0	10:40	0.5	11:41	0.4	6:12	7:47	
20	Wed	5:36	4.2	6:00	5.1	11:38	0.4			6:13	7:45	
21	Thu	6:32	4.5	6:51	5.2	12:32	0.2	12:32	0.3	6:14	7:44	
22	Fri	7:21	4.7	7:36	5.3	1:21	0.1	1:23	0.3	6:15	7:42	
23	Sat	8:05	4.8	8:18	5.2	2:06	0.0	2:11	0.3	6:16	7:41	
24	Sun	8:48	4.9	8:58	5.0	2:47	0.0	2:55	0.3	6:17	7:40	
25	Mon	9:29	4.9	9:38	4.8	3:24	0.1	3:37	0.4	6:18	7:38	
26	Tue	10:10	4.8	10:18	4.5	3:59	0.2	4:16	0.5	6:19	7:36	
27	Wed	10:51	4.7	11:00	4.2	4:32	0.4	4:55	0.7	6:19	7:35	
28	Thu	11:33	4.5	11:45	3.9	5:03	0.7	5:35	1.0	6:20	7:33	
29	Fri			12:17	4.4	5:35	0.9	6:22	1.2	6:21	7:32	
30	Sat	12:33	3.7	1:02	4.3	6:13	1.2	7:21	1.4	6:22	7:30	
31	Sun	1:22	3.6	1:49	4.3	7:06	1.4	8:29	1.4	6:23	7:29	