US HARBORS www.USHarbors.com

Seaside Park, NJ - Sep 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**2:15**	3.5	**2:41**	4.3	**8:17**	1.5	**9:34**	1.3	6:24	7:27	
2	Tue	**3:13**	3.5	**3:39**	4.4	**9:26**	1.4	**10:30**	1.1	6:25	7:26	
3	Wed	**4:17**	3.6	**4:40**	4.6	**10:26**	1.2	**11:19**	0.8	6:26	7:24	
4	Thu	**5:17**	3.8	**5:35**	4.8	**11:18**	0.9			6:27	7:22	
5	Fri	**6:06**	4.2	**6:22**	5.1	**12:05**	0.5	**12:08**	0.6	6:28	7:21	
6	Sat	**6:50**	4.6	**7:06**	5.3	**12:49**	0.2	**12:57**	0.4	6:29	7:19	
7	Sun	**7:31**	4.9	**7:48**	5.4	**1:32**	-0.1	**1:46**	0.1	6:30	7:18	
8	Mon	**8:13**	5.2	**8:32**	5.4	**2:15**	-0.2	**2:35**	0.0	6:31	7:16	
9	Tue	**8:57**	5.4	**9:18**	5.3	**2:57**	-0.3	**3:24**	-0.1	6:32	7:14	
10	Wed	**9:43**	5.5	**10:07**	5.0	**3:38**	-0.3	**4:12**	0.0	6:33	7:13	
11	Thu	**10:34**	5.5	**11:02**	4.7	**4:21**	-0.2	**5:02**	0.2	6:34	7:11	
12	Fri	**11:30**	5.3			**5:06**	0.0	**5:58**	0.4	6:34	7:09	
13	Sat	**12:03**	4.4	**12:31**	5.2	**5:57**	0.4	**7:05**	0.7	6:35	7:08	
14	Sun	**1:06**	4.2	**1:32**	5.0	**7:02**	0.7	**8:19**	0.8	6:36	7:06	
15	Mon	**2:09**	4.1	**2:35**	4.8	**8:16**	0.9	**9:30**	0.8	6:37	7:04	
16	Tue	**3:14**	4.0	**3:41**	4.8	**9:29**	0.9	**10:31**	0.6	6:38	7:03	
17	Wed	**4:21**	4.2	**4:46**	4.8	**10:32**	0.8	**11:23**	0.4	6:39	7:01	
18	Thu	**5:23**	4.4	**5:44**	4.9	**11:27**	0.6			6:40	6:59	
19	Fri	**6:15**	4.6	**6:31**	5.0	**12:10**	0.3	**12:17**	0.5	6:41	6:58	
20	Sat	**6:59**	4.9	**7:13**	5.0	**12:53**	0.2	**1:04**	0.4	6:42	6:56	
21	Sun	**7:39**	5.0	**7:52**	4.9	**1:34**	0.1	**1:48**	0.3	6:43	6:55	
22	Mon	**8:17**	5.1	**8:29**	4.8	**2:12**	0.2	**2:31**	0.3	6:44	6:53	
23	Tue	**8:53**	5.1	**9:06**	4.6	**2:47**	0.3	**3:10**	0.4	6:45	6:51	
24	Wed	**9:29**	5.0	**9:43**	4.3	**3:21**	0.4	**3:48**	0.5	6:46	6:50	
25	Thu	**10:06**	4.8	**10:22**	4.1	**3:53**	0.6	**4:25**	0.7	6:47	6:48	
26	Fri	**10:43**	4.6	**11:05**	3.8	**4:23**	0.8	**5:02**	0.9	6:48	6:46	
27	Sat	**11:25**	4.5	**11:54**	3.6	**4:53**	1.0	**5:44**	1.1	6:49	6:45	
28	Sun			**12:13**	4.3	**5:27**	1.3	**6:37**	1.3	6:50	6:43	
29	Mon	**12:48**	3.5	**1:05**	4.2	**6:12**	1.5	**7:45**	1.4	6:51	6:41	
30	Tue	**1:43**	3.5	**2:00**	4.3	**7:27**	1.6	**8:54**	1.3	6:52	6:40	