US HARBORS www.USHarbors.com

Seaside Park, NJ - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**9:48**	4.4	**9:55**	4.8	**3:51**	0.1	**3:59**	0.6	5:55	8:10	
2	Sun	**10:27**	4.5	**10:36**	4.6	**4:24**	0.1	**4:38**	0.7	5:56	8:09	
3	Mon	**11:10**	4.6	**11:24**	4.4	**4:57**	0.2	**5:21**	0.7	5:57	8:07	
4	Tue	**11:58**	4.7			**5:34**	0.3	**6:14**	0.9	5:57	8:06	
5	Wed	**12:17**	4.2	**12:51**	4.8	**6:18**	0.4	**7:22**	1.0	5:58	8:05	
6	Thu	**1:15**	4.1	**1:47**	4.9	**7:17**	0.5	**8:39**	0.9	5:59	8:04	
7	Fri	**2:17**	4.0	**2:48**	5.0	**8:28**	0.6	**9:50**	0.8	6:00	8:03	
8	Sat	**3:25**	3.9	**3:57**	5.1	**9:41**	0.5	**10:53**	0.5	6:01	8:02	
9	Sun	**4:38**	4.1	**5:07**	5.3	**10:47**	0.4	**11:51**	0.2	6:02	8:00	
10	Mon	**5:45**	4.3	**6:09**	5.5	**11:48**	0.2			6:03	7:59	
11	Tue	**6:43**	4.6	**7:03**	5.6	**12:45**	-0.1	**12:46**	0.0	6:04	7:58	
12	Wed	**7:36**	4.9	**7:53**	5.6	**1:37**	-0.3	**1:41**	-0.1	6:05	7:57	
13	Thu	**8:26**	5.1	**8:41**	5.5	**2:27**	-0.4	**2:34**	-0.1	6:06	7:55	
14	Fri	**9:15**	5.2	**9:28**	5.3	**3:12**	-0.4	**3:24**	-0.1	6:07	7:54	
15	Sat	**10:03**	5.1	**10:15**	5.0	**3:54**	-0.3	**4:10**	0.1	6:08	7:53	
16	Sun	**10:51**	5.0	**11:03**	4.7	**4:34**	-0.1	**4:55**	0.4	6:09	7:51	
17	Mon	**11:39**	4.9	**11:52**	4.3	**5:13**	0.2	**5:41**	0.7	6:10	7:50	
18	Tue			**12:26**	4.7	**5:53**	0.5	**6:32**	0.9	6:11	7:49	
19	Wed	**12:41**	4.0	**1:13**	4.6	**6:37**	0.9	**7:31**	1.2	6:12	7:47	
20	Thu	**1:31**	3.8	**2:01**	4.4	**7:30**	1.1	**8:35**	1.3	6:13	7:46	
21	Fri	**2:22**	3.6	**2:51**	4.3	**8:31**	1.3	**9:36**	1.2	6:14	7:44	
22	Sat	**3:18**	3.5	**3:47**	4.3	**9:32**	1.3	**10:30**	1.1	6:14	7:43	
23	Sun	**4:20**	3.6	**4:45**	4.4	**10:27**	1.2	**11:19**	0.9	6:15	7:41	
24	Mon	**5:19**	3.7	**5:38**	4.6	**11:17**	1.0			6:16	7:40	
25	Tue	**6:08**	3.9	**6:23**	4.8	**12:03**	0.7	**12:04**	0.9	6:17	7:38	
26	Wed	**6:51**	4.2	**7:03**	5.0	**12:46**	0.5	**12:49**	0.7	6:18	7:37	
27	Thu	**7:29**	4.4	**7:40**	5.1	**1:26**	0.3	**1:33**	0.6	6:19	7:35	
28	Fri	**8:04**	4.6	**8:16**	5.1	**2:06**	0.2	**2:17**	0.4	6:20	7:34	
29	Sat	**8:39**	4.8	**8:52**	5.0	**2:43**	0.1	**2:59**	0.4	6:21	7:32	
30	Sun	**9:15**	4.9	**9:31**	4.8	**3:19**	0.0	**3:40**	0.3	6:22	7:31	
31	Mon	**9:54**	5.0	**10:14**	4.6	**3:53**	0.1	**4:22**	0.4	6:23	7:29	