US HARBORS www.USHarbors.com

Seaside Park, NJ - May 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:17	4.3	7:31	5.0	1:17	0.1	1:16	0.2	5:55	7:50	
2	Thu	7:56	4.3	8:07	5.0	2:00	0.1	1:56	0.3	5:54	7:51	
3	Fri	8:36	4.2	8:41	4.9	2:41	0.1	2:34	0.3	5:53	7:52	
4	Sat	9:15	4.1	9:15	4.7	3:20	0.1	3:12	0.5	5:52	7:53	
5	Sun	9:56	3.9	9:49	4.6	3:57	0.2	3:47	0.6	5:51	7:54	
6	Mon	10:39	3.8	10:25	4.4	4:33	0.4	4:22	0.7	5:50	7:55	
7	Tue	11:24	3.7	11:07	4.3	5:10	0.5	4:58	0.9	5:48	7:56	
8	Wed			12:12	3.7	5:49	0.6	5:40	1.0	5:47	7:57	
9	Thu			1:01	3.8	6:37	0.7	6:36	1.1	5:46	7:58	
10	Fri	12:50	4.2	1:49	3.9	7:34	0.7	7:49	1.1	5:45	7:59	
11	Sat	1:45	4.2	2:40	4.2	8:35	0.7	9:01	0.9	5:44	8:00	
12	Sun	2:44	4.2	3:36	4.5	9:32	0.5	10:06	0.6	5:43	8:01	
13	Mon	3:48	4.3	4:34	4.9	10:25	0.2	11:04	0.2	5:42	8:02	
14	Tue	4:53	4.4	5:31	5.3	11:17	0.0	11:59	-0.1	5:41	8:03	
15	Wed	5:54	4.6	6:24	5.7			12:08	-0.2	5:40	8:04	
16	Thu	6:49	4.7	7:15	5.9	12:54	-0.4	1:01	-0.4	5:39	8:05	
17	Fri	7:42	4.8	8:06	6.0	1:49	-0.6	1:55	-0.4	5:39	8:06	
18	Sat	8:36	4.9	8:58	5.9	2:43	-0.7	2:49	-0.4	5:38	8:07	
19	Sun	9:31	4.8	9:53	5.7	3:35	-0.7	3:41	-0.3	5:37	8:08	
20	Mon	10:30	4.7	10:50	5.4	4:25	-0.6	4:34	-0.1	5:36	8:09	
21	Tue	11:30	4.6	11:49	5.1	5:16	-0.4	5:28	0.2	5:35	8:10	
22	Wed			12:29	4.5	6:10	-0.2	6:28	0.5	5:35	8:10	
23	Thu	12:46	4.9	1:25	4.5	7:07	0.1	7:34	0.8	5:34	8:11	
24	Fri	1:40	4.6	2:18	4.5	8:05	0.3	8:40	0.8	5:33	8:12	
25	Sat	2:32	4.3	3:10	4.5	9:00	0.4	9:40	0.8	5:33	8:13	
26	Sun	3:26	4.1	4:02	4.6	9:51	0.4	10:34	0.7	5:32	8:14	
27	Mon	4:21	4.0	4:54	4.7	10:36	0.5	11:22	0.6	5:31	8:15	
28	Tue	5:15	4.0	5:41	4.8	11:19	0.5			5:31	8:15	
29	Wed	6:05	4.0	6:23	4.9	12:07	0.5	12:01	0.5	5:30	8:16	
30	Thu	6:49	4.1	7:03	5.0	12:51	0.4	12:42	0.5	5:30	8:17	
31	Fri	7:31	4.1	7:40	5.0	1:34	0.3	1:24	0.5	5:29	8:18	