US HARBORS www.USHarbors.com

Seaside Park, NJ - Dec 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:14	4.6	6:01	0.4	6:36	0.0	6:58	4:31	
2	Mon	12:52	4.4	1:09	4.3	7:10	0.6	7:35	0.1	6:59	4:31	
3	Tue	1:46	4.4	2:03	4.1	8:15	0.6	8:30	0.2	7:00	4:31	
4	Wed	2:40	4.4	2:59	3.9	9:13	0.5	9:19	0.2	7:01	4:31	
5	Thu	3:34	4.4	3:55	3.9	10:04	0.4	10:04	0.2	7:02	4:31	
6	Fri	4:24	4.5	4:47	3.9	10:51	0.2	10:47	0.2	7:03	4:31	
7	Sat	5:09	4.7	5:33	3.9	11:35	0.1	11:28	0.2	7:04	4:31	
8	Sun	5:50	4.7	6:15	4.0			12:19	0.0	7:05	4:31	
9	Mon	6:28	4.8	6:56	4.0	12:10	0.2	1:01	0.0	7:06	4:31	
10	Tue	7:05	4.7	7:36	3.9	12:52	0.2	1:42	0.0	7:07	4:31	
11	Wed	7:40	4.6	8:16	3.8	1:33	0.2	2:21	0.0	7:07	4:31	
12	Thu	8:15	4.5	8:56	3.7	2:12	0.3	2:57	0.0	7:08	4:31	
13	Fri	8:49	4.4	9:37	3.7	2:49	0.4	3:32	0.1	7:09	4:31	
14	Sat	9:25	4.2	10:20	3.6	3:25	0.5	4:06	0.2	7:10	4:31	
15	Sun	10:06	4.1	11:06	3.7	4:03	0.6	4:42	0.3	7:10	4:32	
16	Mon	10:55	4.0	11:53	3.8	4:46	0.7	5:24	0.3	7:11	4:32	
17	Tue	11:48	3.9			5:44	0.7	6:17	0.3	7:12	4:32	
18	Wed	12:41	4.0	12:44	3.8	6:56	0.7	7:18	0.3	7:12	4:33	
19	Thu	1:33	4.2	1:44	3.8	8:08	0.5	8:20	0.1	7:13	4:33	
20	Fri	2:31	4.5	2:50	3.8	9:13	0.2	9:20	-0.1	7:13	4:34	
21	Sat	3:34	4.8	3:59	3.9	10:12	-0.1	10:16	-0.3	7:14	4:34	
22	Sun	4:35	5.1	5:01	4.1	11:09	-0.4	11:12	-0.6	7:14	4:35	
23	Mon	5:31	5.4	5:58	4.4			12:04	-0.7	7:15	4:35	
24	Tue	6:24	5.6	6:52	4.5	12:08	-0.7	12:58	-0.9	7:15	4:36	
25	Wed	7:16	5.6	7:46	4.6	1:05	-0.8	1:51	-1.1	7:16	4:36	
26	Thu	8:08	5.5	8:40	4.6	1:59	-0.8	2:40	-1.1	7:16	4:37	
27	Fri	9:02	5.3	9:36	4.5	2:51	-0.7	3:28	-1.0	7:16	4:38	
28	Sat	9:56	4.9	10:33	4.4	3:43	-0.5	4:16	-0.8	7:17	4:38	
29	Sun	10:51	4.6	11:28	4.3	4:35	-0.2	5:05	-0.5	7:17	4:39	
30	Mon	11:45	4.2			5:33	0.1	5:58	-0.2	7:17	4:40	
31	Tue	12:21	4.2	12:38	3.9	6:36	0.4	6:53	0.0	7:17	4:41	