US HARBORS www.USHarbors.com

Seaside Park, NJ - Jul 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:24	4.1	5:03	5.3	10:45	0.3	11:41	0.1	5:31	8:28	
2	Wed	5:31	4.3	6:01	5.6	11:42	0.0			5:31	8:28	
3	Thu	6:30	4.5	6:56	5.9	12:37	-0.2	12:39	-0.1	5:32	8:28	
4	Fri	7:26	4.8	7:49	6.0	1:32	-0.5	1:37	-0.3	5:33	8:28	
5	Sat	8:20	5.0	8:41	6.0	2:25	-0.7	2:34	-0.4	5:33	8:28	
6	Sun	9:15	5.1	9:35	5.8	3:16	-0.8	3:28	-0.3	5:34	8:28	
7	Mon	10:11	5.1	10:29	5.6	4:05	-0.8	4:20	-0.2	5:34	8:27	
8	Tue	11:08	5.1	11:25	5.2	4:52	-0.6	5:13	0.0	5:35	8:27	
9	Wed			12:04	5.0	5:41	-0.4	6:09	0.3	5:36	8:27	
10	Thu	12:20	4.9	12:58	4.9	6:32	-0.1	7:10	0.6	5:36	8:26	
11	Fri	1:14	4.6	1:49	4.8	7:26	0.2	8:14	0.8	5:37	8:26	
12	Sat	2:06	4.3	2:40	4.7	8:22	0.4	9:17	0.8	5:38	8:25	
13	Sun	2:59	4.1	3:32	4.7	9:17	0.6	10:14	0.8	5:38	8:25	
14	Mon	3:55	3.9	4:26	4.7	10:08	0.7	11:05	0.7	5:39	8:24	
15	Tue	4:53	3.9	5:19	4.7	10:57	0.7	11:52	0.6	5:40	8:24	
16	Wed	5:47	3.9	6:06	4.8	11:43	0.6			5:41	8:23	
17	Thu	6:35	4.1	6:49	4.9	12:36	0.5	12:27	0.6	5:41	8:23	
18	Fri	7:19	4.2	7:29	4.9	1:20	0.4	1:12	0.6	5:42	8:22	
19	Sat	8:00	4.3	8:06	4.9	2:02	0.3	1:56	0.5	5:43	8:21	
20	Sun	8:40	4.3	8:41	4.9	2:42	0.2	2:39	0.5	5:44	8:21	
21	Mon	9:18	4.3	9:15	4.8	3:19	0.2	3:19	0.6	5:45	8:20	
22	Tue	9:56	4.3	9:49	4.6	3:53	0.2	3:56	0.6	5:46	8:19	
23	Wed	10:34	4.3	10:25	4.5	4:25	0.3	4:33	0.7	5:46	8:18	
24	Thu	11:14	4.3	11:06	4.3	4:56	0.4	5:12	0.8	5:47	8:17	
25	Fri	11:57	4.4	11:55	4.2	5:29	0.5	5:57	0.9	5:48	8:17	
26	Sat			12:44	4.6	6:08	0.5	6:56	1.0	5:49	8:16	
27	Sun	12:50	4.1	1:35	4.7	7:00	0.6	8:07	0.9	5:50	8:15	
28	Mon	1:48	4.0	2:31	4.9	8:08	0.6	9:18	0.8	5:51	8:14	
29	Tue	2:51	4.0	3:34	5.1	9:19	0.5	10:23	0.5	5:52	8:13	
30	Wed	4:01	4.1	4:41	5.3	10:25	0.3	11:22	0.2	5:53	8:12	
31	Thu	5:12	4.3	5:44	5.6	11:26	0.1			5:54	8:11	