US HARBORS www.USHarbors.com

Seaside Park, NJ - Jan 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:02	4.4	8:42	3.5	1:58	0.2	2:47	-0.1	7:17	4:41	
2	Mon	8:36	4.3	9:23	3.5	2:36	0.2	3:22	0.0	7:17	4:42	
3	Tue	9:12	4.2	10:05	3.4	3:12	0.3	3:57	0.0	7:17	4:43	
4	Wed	9:53	4.0	10:50	3.5	3:49	0.4	4:32	0.1	7:18	4:44	
5	Thu	10:40	3.9	11:37	3.6	4:30	0.5	5:11	0.2	7:17	4:45	
6	Fri	11:33	3.8			5:24	0.6	6:00	0.2	7:17	4:46	
7	Sat	12:26	3.8	12:29	3.7	6:34	0.6	7:00	0.2	7:17	4:47	
8	Sun	1:18	4.0	1:28	3.6	7:50	0.5	8:03	0.1	7:17	4:48	
9	Mon	2:16	4.3	2:34	3.6	8:59	0.2	9:05	-0.1	7:17	4:49	
10	Tue	3:19	4.6	3:45	3.7	10:01	-0.1	10:03	-0.3	7:17	4:50	
11	Wed	4:23	4.9	4:50	3.8	10:58	-0.4	11:00	-0.5	7:17	4:51	
12	Thu	5:21	5.2	5:49	4.1	11:55	-0.7	11:57	-0.7	7:16	4:52	
13	Fri	6:15	5.4	6:43	4.3			12:50	-0.9	7:16	4:53	
14	Sat	7:07	5.4	7:37	4.4	12:54	-0.8	1:42	-1.1	7:16	4:54	
15	Sun	7:59	5.4	8:31	4.4	1:49	-0.8	2:32	-1.1	7:15	4:55	
16	Mon	8:52	5.2	9:25	4.3	2:41	-0.8	3:19	-1.1	7:15	4:56	
17	Tue	9:45	4.9	10:20	4.2	3:31	-0.6	4:05	-0.9	7:15	4:57	
18	Wed	10:38	4.5	11:14	4.1	4:21	-0.3	4:52	-0.6	7:14	4:58	
19	Thu	11:30	4.2			5:15	0.0	5:42	-0.3	7:14	4:59	
20	Fri	12:06	4.0	12:21	3.9	6:15	0.3	6:34	0.0	7:13	5:00	
21	Sat	12:55	4.0	1:11	3.6	7:19	0.5	7:28	0.2	7:13	5:02	
22	Sun	1:44	3.9	2:04	3.3	8:21	0.5	8:21	0.3	7:12	5:03	
23	Mon	2:35	3.8	3:01	3.2	9:18	0.5	9:12	0.3	7:11	5:04	
24	Tue	3:30	3.9	3:59	3.2	10:09	0.3	9:59	0.3	7:11	5:05	
25	Wed	4:24	4.0	4:53	3.3	10:56	0.2	10:45	0.2	7:10	5:06	
26	Thu	5:11	4.1	5:40	3.4	11:41	0.0	11:30	0.1	7:09	5:07	
27	Fri	5:53	4.2	6:23	3.6			12:24	-0.1	7:08	5:09	
28	Sat	6:32	4.3	7:02	3.6	12:15	0.0	1:06	-0.2	7:08	5:10	
29	Sun	7:08	4.4	7:40	3.7	12:58	0.0	1:46	-0.3	7:07	5:11	
30	Mon	7:43	4.4	8:17	3.7	1:40	-0.1	2:23	-0.3	7:06	5:12	
31	Tue	8:17	4.3	8:54	3.7	2:19	-0.1	2:57	-0.3	7:05	5:13	