US HARBORS www.USHarbors.com

Seaside Park, NJ - Mar 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:31	4.4	9:01	4.3	2:39	-0.3	3:01	-0.4	6:28	5:48	
2	Fri	9:11	4.2	9:43	4.4	3:18	-0.3	3:34	-0.3	6:26	5:49	
3	Sat	9:57	4.0	10:31	4.4	4:00	-0.2	4:10	-0.2	6:25	5:50	
4	Sun	10:51	3.8	11:27	4.4	4:49	0.0	4:53	0.0	6:23	5:52	
5	Mon	11:51	3.6			5:51	0.2	5:52	0.2	6:21	5:53	
6	Tue	12:26	4.4	12:55	3.5	7:07	0.3	7:11	0.3	6:20	5:54	
7	Wed	1:30	4.4	2:03	3.5	8:22	0.2	8:29	0.2	6:18	5:55	
8	Thu	2:40	4.4	3:17	3.6	9:28	0.0	9:38	0.0	6:17	5:56	
9	Fri	3:51	4.6	4:26	3.9	10:27	-0.2	10:39	-0.2	6:15	5:57	
10	Sat	4:54	4.8	5:24	4.3	11:20	-0.5	11:35	-0.5	6:14	5:58	
11	Sun	6:48	5.0	7:15	4.6			1:11	-0.7	7:12	6:59	
12	Mon	7:37	5.1	8:02	4.8	1:28	-0.6	1:58	-0.9	7:11	7:00	
13	Tue	8:22	5.0	8:47	4.9	2:18	-0.7	2:43	-0.9	7:09	7:01	
14	Wed	9:07	4.9	9:30	4.8	3:05	-0.7	3:24	-0.8	7:07	7:02	
15	Thu	9:51	4.6	10:13	4.7	3:49	-0.5	4:02	-0.5	7:06	7:03	
16	Fri	10:37	4.3	10:56	4.5	4:31	-0.3	4:39	-0.2	7:04	7:04	
17	Sat	11:24	3.9	11:41	4.2	5:13	0.0	5:15	0.1	7:02	7:05	
18	Sun			12:13	3.7	5:57	0.3	5:53	0.5	7:01	7:06	
19	Mon	12:27	4.0	1:03	3.4	6:49	0.6	6:40	0.8	6:59	7:07	
20	Tue	1:15	3.8	1:54	3.3	7:52	0.8	7:41	1.0	6:58	7:08	
21	Wed	2:05	3.7	2:49	3.2	8:58	0.9	8:51	1.0	6:56	7:09	
22	Thu	3:01	3.6	3:49	3.2	9:58	0.8	9:55	0.9	6:54	7:10	
23	Fri	4:03	3.7	4:49	3.4	10:50	0.6	10:50	0.7	6:53	7:11	
24	Sat	5:03	3.9	5:42	3.7	11:36	0.4	11:39	0.5	6:51	7:12	
25	Sun	5:54	4.1	6:26	4.0			12:18	0.2	6:50	7:13	
26	Mon	6:37	4.3	7:05	4.3	12:25	0.2	12:59	0.0	6:48	7:15	
27	Tue	7:15	4.5	7:42	4.5	1:10	0.0	1:39	-0.2	6:46	7:16	
28	Wed	7:53	4.6	8:18	4.7	1:55	-0.2	2:18	-0.3	6:45	7:17	
29	Thu	8:31	4.6	8:55	4.9	2:39	-0.3	2:56	-0.3	6:43	7:18	
30	Fri	9:11	4.5	9:35	5.0	3:22	-0.4	3:33	-0.3	6:41	7:19	
31	Sat	9:55	4.3	10:20	5.0	4:05	-0.4	4:11	-0.2	6:40	7:20	