US HARBORS www.USHarbors.com

Seaside Park, NJ - Jan 2044

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:33	4.5	8:00	3.5	1:24	0.2	2:10	-0.2	7:17	4:41	
2	Sat	8:08	4.4	8:38	3.5	2:03	0.2	2:46	-0.2	7:17	4:42	
3	Sun	8:43	4.3	9:16	3.5	2:41	0.2	3:21	-0.2	7:17	4:43	
4	Mon	9:22	4.2	9:58	3.6	3:17	0.3	3:55	-0.1	7:17	4:44	
5	Tue	10:05	4.1	10:45	3.7	3:56	0.4	4:31	-0.1	7:17	4:45	
6	Wed	10:55	3.9	11:35	3.9	4:41	0.4	5:12	0.0	7:17	4:46	
7	Thu	11:50	3.8			5:41	0.5	6:03	0.0	7:17	4:47	
8	Fri	12:27	4.1	12:47	3.6	6:57	0.5	7:05	0.0	7:17	4:48	
9	Sat	1:23	4.2	1:49	3.5	8:13	0.4	8:11	0.0	7:17	4:49	
10	Sun	2:25	4.4	2:59	3.5	9:21	0.1	9:15	-0.2	7:17	4:50	
11	Mon	3:33	4.6	4:10	3.6	10:22	-0.2	10:16	-0.4	7:17	4:51	
12	Tue	4:38	4.9	5:13	3.9	11:20	-0.5	11:15	-0.5	7:16	4:52	
13	Wed	5:37	5.1	6:10	4.1			12:15	-0.7	7:16	4:53	
14	Thu	6:30	5.3	7:03	4.3	12:12	-0.7	1:09	-0.9	7:16	4:54	
15	Fri	7:21	5.3	7:55	4.4	1:08	-0.8	1:59	-1.0	7:15	4:55	
16	Sat	8:11	5.1	8:47	4.4	2:01	-0.8	2:46	-1.0	7:15	4:56	
17	Sun	9:01	4.9	9:38	4.3	2:51	-0.6	3:30	-0.9	7:15	4:57	
18	Mon	9:51	4.6	10:30	4.2	3:38	-0.4	4:12	-0.7	7:14	4:58	
19	Tue	10:41	4.2	11:20	4.1	4:25	-0.1	4:55	-0.4	7:14	4:59	
20	Wed	11:30	3.9			5:16	0.2	5:41	-0.1	7:13	5:00	
21	Thu	12:08	4.0	12:18	3.5	6:13	0.4	6:30	0.2	7:12	5:02	
22	Fri	12:54	3.9	1:07	3.3	7:15	0.6	7:24	0.4	7:12	5:03	
23	Sat	1:42	3.8	1:59	3.1	8:17	0.6	8:19	0.5	7:11	5:04	
24	Sun	2:34	3.8	2:58	3.0	9:14	0.6	9:12	0.5	7:11	5:05	
25	Mon	3:31	3.8	4:00	3.0	10:06	0.4	10:03	0.4	7:10	5:06	
26	Tue	4:26	3.9	4:55	3.1	10:54	0.2	10:50	0.3	7:09	5:07	
27	Wed	5:15	4.1	5:41	3.3	11:39	0.1	11:36	0.2	7:08	5:09	
28	Thu	5:57	4.3	6:23	3.5			12:23	-0.1	7:08	5:10	
29	Fri	6:36	4.4	7:01	3.6	12:21	0.1	1:05	-0.3	7:07	5:11	
30	Sat	7:13	4.5	7:37	3.7	1:04	0.0	1:44	-0.4	7:06	5:12	
31	Sun	7:48	4.5	8:13	3.8	1:46	-0.1	2:20	-0.5	7:05	5:13	