US HARBORS www.USHarbors.com

Seaside Park, NJ - May 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:02	4.5	8:22	5.4	2:06	-0.3	2:11	-0.1	5:55	7:51	
2	Tue	8:46	4.4	9:03	5.2	2:52	-0.3	2:54	0.1	5:54	7:52	
3	Wed	9:32	4.2	9:46	5.0	3:35	-0.1	3:35	0.4	5:53	7:53	
4	Thu	10:19	4.0	10:31	4.7	4:17	0.1	4:14	0.6	5:51	7:54	
5	Fri	11:09	3.8	11:19	4.4	4:58	0.3	4:54	0.9	5:50	7:55	
6	Sat			12:02	3.7	5:40	0.6	5:37	1.1	5:49	7:56	
7	Sun	12:10	4.2	12:54	3.6	6:29	0.8	6:30	1.3	5:48	7:57	
8	Mon	1:01	4.0	1:43	3.6	7:24	0.9	7:37	1.4	5:47	7:58	
9	Tue	1:50	3.9	2:32	3.7	8:21	0.9	8:46	1.4	5:46	7:59	
10	Wed	2:40	3.8	3:21	3.9	9:14	0.8	9:46	1.2	5:45	8:00	
11	Thu	3:33	3.8	4:12	4.1	10:02	0.7	10:38	1.0	5:44	8:01	
12	Fri	4:28	3.9	5:01	4.4	10:46	0.6	11:26	0.7	5:43	8:02	
13	Sat	5:22	4.0	5:45	4.7	11:28	0.4			5:42	8:03	
14	Sun	6:10	4.1	6:26	5.0	12:13	0.4	12:10	0.3	5:41	8:03	
15	Mon	6:54	4.2	7:06	5.3	1:00	0.2	12:53	0.2	5:40	8:04	
16	Tue	7:38	4.3	7:47	5.4	1:48	0.0	1:39	0.2	5:39	8:05	
17	Wed	8:23	4.3	8:31	5.5	2:36	-0.1	2:26	0.1	5:38	8:06	
18	Thu	9:12	4.3	9:19	5.4	3:24	-0.2	3:14	0.1	5:37	8:07	
19	Fri	10:05	4.2	10:13	5.3	4:11	-0.2	4:03	0.2	5:37	8:08	
20	Sat	11:04	4.2	11:13	5.1	4:59	-0.1	4:55	0.3	5:36	8:09	
21	Sun			12:05	4.3	5:52	0.0	5:53	0.5	5:35	8:10	
22	Mon	12:15	4.9	1:05	4.4	6:50	0.1	7:00	0.6	5:34	8:11	
23	Tue	1:15	4.8	2:02	4.6	7:52	0.2	8:13	0.7	5:34	8:12	
24	Wed	2:12	4.6	2:58	4.7	8:51	0.1	9:21	0.6	5:33	8:12	
25	Thu	3:11	4.4	3:55	4.9	9:47	0.1	10:22	0.4	5:32	8:13	
26	Fri	4:11	4.3	4:52	5.1	10:38	0.1	11:17	0.3	5:32	8:14	
27	Sat	5:11	4.3	5:44	5.2	11:26	0.1			5:31	8:15	
28	Sun	6:06	4.3	6:32	5.3	12:08	0.2	12:12	0.1	5:31	8:16	
29	Mon	6:55	4.3	7:15	5.3	12:58	0.1	12:58	0.2	5:30	8:16	
30	Tue	7:41	4.2	7:57	5.3	1:46	0.0	1:43	0.4	5:30	8:17	
31	Wed	8:25	4.2	8:39	5.1	2:31	0.1	2:28	0.5	5:29	8:18	