US HARBORS www.USHarbors.com

Seaside Park, NJ - Jun 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:10	4.1	9:20	4.9	3:14	0.1	3:10	0.6	5:29	8:19	
2	Fri	9:55	3.9	10:03	4.7	3:55	0.2	3:51	0.8	5:29	8:19	
3	Sat	10:43	3.9	10:48	4.5	4:33	0.3	4:30	0.9	5:28	8:20	
4	Sun	11:32	3.8	11:34	4.3	5:12	0.5	5:10	1.1	5:28	8:21	
5	Mon			12:20	3.8	5:52	0.6	5:55	1.3	5:28	8:21	
6	Tue	12:21	4.1	1:06	3.9	6:35	0.8	6:51	1.4	5:27	8:22	
7	Wed	1:06	4.0	1:49	4.0	7:24	0.8	7:56	1.4	5:27	8:23	
8	Thu	1:52	3.9	2:31	4.1	8:15	0.8	9:00	1.3	5:27	8:23	
9	Fri	2:39	3.8	3:17	4.3	9:05	0.8	9:58	1.1	5:27	8:24	
10	Sat	3:34	3.8	4:07	4.5	9:55	0.7	10:52	0.8	5:27	8:24	
11	Sun	4:34	3.8	5:00	4.8	10:43	0.5	11:43	0.5	5:27	8:25	
12	Mon	5:32	3.9	5:51	5.1	11:31	0.4			5:27	8:25	
13	Tue	6:26	4.1	6:40	5.4	12:34	0.3	12:21	0.3	5:27	8:26	
14	Wed	7:16	4.2	7:28	5.6	1:26	0.0	1:14	0.2	5:27	8:26	
15	Thu	8:06	4.4	8:17	5.7	2:18	-0.2	2:08	0.1	5:27	8:26	
16	Fri	8:59	4.5	9:09	5.7	3:08	-0.3	3:02	0.0	5:27	8:27	
17	Sat	9:54	4.5	10:04	5.5	3:57	-0.4	3:55	0.0	5:27	8:27	
18	Sun	10:52	4.6	11:02	5.3	4:45	-0.4	4:48	0.1	5:27	8:27	
19	Mon	11:51	4.7			5:34	-0.3	5:44	0.3	5:27	8:28	
20	Tue	12:00	5.1	12:48	4.8	6:27	-0.2	6:47	0.5	5:27	8:28	
21	Wed	12:57	4.8	1:42	4.9	7:23	0.0	7:54	0.6	5:28	8:28	
22	Thu	1:52	4.5	2:35	5.0	8:20	0.1	9:01	0.7	5:28	8:28	
23	Fri	2:47	4.3	3:29	5.0	9:16	0.2	10:02	0.6	5:28	8:28	
24	Sat	3:45	4.1	4:25	5.0	10:09	0.3	10:58	0.5	5:28	8:29	
25	Sun	4:46	3.9	5:19	5.0	10:59	0.4	11:49	0.4	5:29	8:29	
26	Mon	5:44	3.9	6:09	5.1	11:46	0.5			5:29	8:29	
27	Tue	6:35	4.0	6:54	5.1	12:38	0.4	12:33	0.6	5:30	8:29	
28	Wed	7:21	4.0	7:37	5.1	1:24	0.3	1:19	0.6	5:30	8:29	
29	Thu	8:05	4.0	8:17	5.0	2:10	0.3	2:05	0.7	5:30	8:29	
30	Fri	8:48	4.0	8:57	4.9	2:52	0.2	2:48	0.7	5:31	8:29	