US HARBORS www.USHarbors.com

Seaside Park, NJ - Aug 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:15	4.3	10:20	4.4	4:09	0.3	4:20	0.8	5:55	8:09	
2	Wed	10:51	4.3	10:56	4.2	4:39	0.4	4:55	1.0	5:56	8:08	
3	Thu	11:28	4.3	11:38	4.0	5:08	0.5	5:34	1.1	5:57	8:07	
4	Fri			12:09	4.4	5:39	0.6	6:21	1.2	5:58	8:06	
5	Sat	12:26	3.9	12:54	4.5	6:19	0.8	7:27	1.2	5:59	8:05	
6	Sun	1:18	3.8	1:45	4.6	7:13	0.9	8:43	1.2	6:00	8:04	
7	Mon	2:17	3.7	2:43	4.7	8:24	0.9	9:53	1.0	6:01	8:02	
8	Tue	3:23	3.7	3:51	4.9	9:36	0.7	10:54	0.7	6:02	8:01	
9	Wed	4:36	3.9	5:01	5.2	10:42	0.5	11:50	0.3	6:03	8:00	
10	Thu	5:42	4.2	6:03	5.5	11:43	0.2			6:04	7:59	
11	Fri	6:39	4.6	6:57	5.7	12:43	0.0	12:42	0.0	6:04	7:57	
12	Sat	7:32	5.0	7:49	5.8	1:35	-0.3	1:39	-0.2	6:05	7:56	
13	Sun	8:23	5.3	8:39	5.8	2:25	-0.6	2:34	-0.4	6:06	7:55	
14	Mon	9:14	5.4	9:29	5.6	3:12	-0.7	3:27	-0.4	6:07	7:54	
15	Tue	10:06	5.5	10:21	5.3	3:57	-0.6	4:17	-0.2	6:08	7:52	
16	Wed	10:59	5.4	11:15	4.9	4:42	-0.5	5:08	0.0	6:09	7:51	
17	Thu	11:53	5.2			5:27	-0.1	6:02	0.4	6:10	7:49	
18	Fri	12:10	4.5	12:46	5.1	6:16	0.3	7:02	0.7	6:11	7:48	
19	Sat	1:05	4.2	1:39	4.9	7:11	0.6	8:07	0.9	6:12	7:47	
20	Sun	2:00	3.9	2:31	4.7	8:12	0.9	9:13	1.0	6:13	7:45	
21	Mon	2:56	3.7	3:28	4.5	9:15	1.1	10:12	1.0	6:14	7:44	
22	Tue	3:57	3.7	4:27	4.5	10:13	1.1	11:04	0.9	6:15	7:42	
23	Wed	4:59	3.8	5:23	4.6	11:04	1.0	11:50	0.7	6:16	7:41	
24	Thu	5:53	3.9	6:11	4.7	11:51	0.9			6:17	7:39	
25	Fri	6:38	4.1	6:53	4.8	12:32	0.6	12:36	0.8	6:18	7:38	
26	Sat	7:18	4.3	7:31	4.9	1:12	0.4	1:20	0.7	6:19	7:36	
27	Sun	7:55	4.5	8:07	4.9	1:51	0.3	2:02	0.6	6:20	7:35	
28	Mon	8:30	4.6	8:41	4.8	2:28	0.3	2:42	0.6	6:21	7:33	
29	Tue	9:02	4.6	9:14	4.6	3:02	0.3	3:20	0.6	6:22	7:32	
30	Wed	9:33	4.6	9:46	4.4	3:34	0.3	3:56	0.7	6:22	7:30	
31	Thu	10:05	4.6	10:22	4.2	4:03	0.4	4:31	0.8	6:23	7:29	