US HARBORS www.USHarbors.com

Seaside Park, NJ - Dec 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:29	4.3	12:39	4.5	6:33	0.5	7:17	0.0	6:59	4:31	
2	Sat	1:26	4.5	1:38	4.3	7:45	0.5	8:16	0.0	7:00	4:31	
3	Sun	2:23	4.6	2:38	4.2	8:51	0.3	9:10	-0.1	7:01	4:31	
4	Mon	3:22	4.8	3:40	4.1	9:50	0.1	10:01	-0.2	7:02	4:31	
5	Tue	4:18	5.0	4:39	4.1	10:43	-0.1	10:49	-0.2	7:03	4:31	
6	Wed	5:09	5.2	5:31	4.1	11:34	-0.2	11:37	-0.2	7:03	4:31	
7	Thu	5:56	5.2	6:19	4.1			12:24	-0.3	7:04	4:31	
8	Fri	6:40	5.2	7:05	4.1	12:24	-0.1	1:12	-0.3	7:05	4:31	
9	Sat	7:23	5.0	7:50	4.0	1:10	0.0	1:57	-0.2	7:06	4:31	
10	Sun	8:06	4.9	8:36	3.8	1:55	0.1	2:39	-0.2	7:07	4:31	
11	Mon	8:49	4.6	9:22	3.7	2:37	0.3	3:18	0.0	7:08	4:31	
12	Tue	9:33	4.4	10:11	3.6	3:17	0.5	3:57	0.1	7:08	4:31	
13	Wed	10:20	4.1	11:00	3.6	3:57	0.7	4:36	0.3	7:09	4:31	
14	Thu	11:07	3.9	11:47	3.6	4:39	0.9	5:18	0.4	7:10	4:32	
15	Fri	11:53	3.7			5:31	1.0	6:04	0.5	7:11	4:32	
16	Sat	12:32	3.6	12:39	3.6	6:34	1.1	6:56	0.6	7:11	4:32	
17	Sun	1:16	3.7	1:26	3.4	7:40	1.1	7:48	0.6	7:12	4:32	
18	Mon	2:01	3.8	2:19	3.4	8:41	0.9	8:39	0.5	7:12	4:33	
19	Tue	2:51	4.0	3:17	3.4	9:36	0.7	9:28	0.4	7:13	4:33	
20	Wed	3:44	4.2	4:16	3.5	10:26	0.4	10:16	0.2	7:14	4:34	
21	Thu	4:35	4.5	5:09	3.6	11:16	0.1	11:04	0.0	7:14	4:34	
22	Fri	5:23	4.8	5:57	3.8			12:05	-0.1	7:14	4:35	
23	Sat	6:09	5.0	6:44	3.9			12:55	-0.4	7:15	4:35	
24	Sun	6:55	5.2	7:32	4.0	12:45	-0.3	1:44	-0.6	7:15	4:36	
25	Mon	7:43	5.2	8:22	4.1	1:36	-0.4	2:31	-0.7	7:16	4:37	
26	Tue	8:34	5.1	9:16	4.2	2:27	-0.4	3:17	-0.7	7:16	4:37	
27	Wed	9:28	5.0	10:13	4.3	3:18	-0.4	4:03	-0.7	7:16	4:38	
28	Thu	10:25	4.7	11:11	4.3	4:10	-0.3	4:52	-0.6	7:17	4:39	
29	Fri	11:22	4.4			5:08	0.0	5:46	-0.4	7:17	4:39	
30	Sat	12:07	4.4	12:19	4.2	6:15	0.1	6:44	-0.3	7:17	4:40	
31	Sun	1:02	4.5	1:15	3.9	7:25	0.2	7:42	-0.1	7:17	4:41	