US HARBORS www.USHarbors.com

Seaside Park, NJ - Jan 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:55	4.5	2:12	3.7	8:29	0.2	8:41	-0.1	7:17	4:42	
2	Tue	2:54	4.5	3:16	3.5	9:31	0.1	9:37	0.0	7:17	4:43	
3	Wed	3:54	4.5	4:20	3.5	10:26	0.0	10:29	0.0	7:17	4:43	
4	Thu	4:50	4.6	5:15	3.6	11:17	-0.1	11:18	0.0	7:17	4:44	
5	Fri	5:39	4.6	6:04	3.7			12:06	-0.2	7:17	4:45	
6	Sat	6:23	4.7	6:49	3.8	12:06	0.0	12:52	-0.3	7:17	4:46	
7	Sun	7:05	4.6	7:31	3.8	12:52	0.0	1:35	-0.3	7:17	4:47	
8	Mon	7:45	4.5	8:13	3.8	1:36	0.0	2:14	-0.3	7:17	4:48	
9	Tue	8:25	4.4	8:54	3.7	2:17	0.0	2:51	-0.3	7:17	4:49	
10	Wed	9:04	4.2	9:35	3.7	2:55	0.1	3:25	-0.2	7:17	4:50	
11	Thu	9:43	4.0	10:16	3.6	3:32	0.3	3:58	-0.1	7:17	4:51	
12	Fri	10:24	3.7	10:58	3.6	4:09	0.4	4:30	0.1	7:16	4:52	
13	Sat	11:06	3.5	11:39	3.6	4:50	0.6	5:05	0.2	7:16	4:53	
14	Sun	11:50	3.3			5:40	0.8	5:47	0.4	7:16	4:54	
15	Mon	12:21	3.7	12:38	3.2	6:45	0.8	6:40	0.4	7:15	4:55	
16	Tue	1:05	3.7	1:30	3.1	7:55	0.8	7:43	0.4	7:15	4:56	
17	Wed	1:57	3.9	2:32	3.1	9:00	0.6	8:46	0.3	7:14	4:58	
18	Thu	2:58	4.0	3:40	3.2	9:57	0.3	9:44	0.1	7:14	4:59	
19	Fri	4:02	4.3	4:42	3.4	10:50	0.0	10:40	-0.1	7:13	5:00	
20	Sat	5:00	4.7	5:35	3.7	11:42	-0.4	11:34	-0.4	7:13	5:01	
21	Sun	5:52	5.0	6:25	4.1			12:32	-0.7	7:12	5:02	
22	Mon	6:41	5.2	7:14	4.3	12:29	-0.7	1:21	-0.9	7:12	5:03	
23	Tue	7:29	5.3	8:04	4.5	1:22	-0.9	2:08	-1.1	7:11	5:04	
24	Wed	8:18	5.2	8:55	4.7	2:14	-1.0	2:53	-1.2	7:10	5:06	
25	Thu	9:10	5.0	9:48	4.7	3:04	-0.9	3:37	-1.1	7:09	5:07	
26	Fri	10:03	4.6	10:43	4.6	3:55	-0.7	4:23	-0.9	7:09	5:08	
27	Sat	10:59	4.3	11:39	4.5	4:49	-0.4	5:12	-0.6	7:08	5:09	
28	Sun	11:55	3.9			5:50	-0.1	6:08	-0.3	7:07	5:10	
29	Mon	12:34	4.4	12:52	3.6	6:58	0.1	7:11	0.0	7:06	5:12	
30	Tue	1:29	4.2	1:51	3.4	8:07	0.2	8:16	0.2	7:05	5:13	
31	Wed	2:28	4.1	2:56	3.2	9:11	0.2	9:17	0.2	7:04	5:14	